

DBegynder 2,48 km

Startet : 8 Udgået : 0 Disk.: 1

| | | | | |
|----|---------------------|----------------|-------|--------|
| 1. | Birthe Marie Jepsen | OK H.T.F. | 22:22 | |
| 2. | Susanne Bargmeyer | OK SYD | 25:21 | +02:59 |
| 3. | Elsbeth Haslinger | OL Brütten | 26:20 | +03:58 |
| 4. | Katrine Hansen | Herlufsholm OK | 28:06 | +05:44 |
| 5. | Ask F Sætnan | Fossum IF | 34:01 | +11:39 |
| 6. | Anna-Marie Kühl | OK SYD | 35:55 | +13:33 |
| 7. | Yrsa Sørensen | Ballerup OK | 53:03 | +30:41 |
| | Stanley | Faaborg OK | Disk. | |

D10A 2,48 km

Startet : 11 Udgået : 0 Disk.: 0

| | | | | |
|-----|------------------------|--------------------------|--------------|--------|
| 1. | Mathea Gloersen | OL Tonsberg og Omegn | 13:42 | |
| 2. | Sigrid Høyer Staugaard | FIF Hillerød Orientering | 13:58 | +16 |
| 3. | Theresa Skouboe | Horsens OK | 17:08 | +03:26 |
| 4. | Emma Caspari | OL Team Lippe | 17:27 | +03:45 |
| 5. | Nora Christine Hansen | Royken O-lag | 23:37 | +09:55 |
| 6. | Ida Damsbo | OK GORM | 24:36 | +10:54 |
| 7. | Astrid Damsbo | OK GORM | 26:45 | +13:03 |
| 8. | Amanda modler Hedemann | Faaborg OK | 27:51 | +14:09 |
| 9. | Solveig S Omfjord | Oddersjaa SSK | 29:09 | +15:27 |
| 10. | Louisa Kollenbach | Ski-Club Helsa e.V. | 30:14 | +16:32 |
| 11. | Bruns | UF MTK Bad Harzburg | 39:36 | +25:54 |
| | Amalie Ertmann | Allerød OK | Ikke startet | |

D10B 2,63 km

Startet : 26 Udgået : 0 Disk.: 0

| | | | | |
|-----|----------------------------|-------------------------|--------------|--------|
| 1. | Johanne Skouboe | Horsens OK | 16:59 | |
| 2. | Anna Bo Kølþæk | Aarhus 1900 Orientering | 17:43 | +44 |
| 3. | Ellen K. Larsen | Søllerød OK | 18:25 | +01:26 |
| 4. | Elsa Gustavsson | OK Tylöskog | 19:33 | +02:34 |
| 5. | Ella Klærke Mikkelsen | Horsens OK | 20:10 | +03:11 |
| 6. | Louise G. Thorøe | OK Esbjerg | 21:47 | +04:48 |
| 7. | Cecilie Ertmann | Allerød OK | 22:00 | +05:01 |
| 8. | Annika Stamer | Preetzer TSV | 23:50 | +06:51 |
| 9. | Liva Heydorn Andersen | OK Roskilde | 24:53 | +07:54 |
| | Katrine Krogh Madsen | OK Roskilde | 24:53 | +07:54 |
| 11. | Caroline Jessen | Kolding OK | 26:14 | +09:15 |
| 12. | Silje Mikkelsen | IK Grane Arendal Orient | 26:20 | +09:21 |
| 13. | Mathilde Frisgård Pedersen | OK H.T.F. | 26:47 | +09:48 |
| 14. | Annkathrin Knoll | Bielefelder Turngemeind | 26:54 | +09:55 |
| 15. | Thea Hoffmann | OK FROS | 27:15 | +10:16 |
| 16. | Rebekka Husen hollingbery | Farum OK | 28:18 | +11:19 |
| 17. | Alvilde Gemmer Hanghøj | Ballerup OK | 28:40 | +11:41 |
| 18. | Natalie Hastrup Dyrlynd | Horsens OK | 28:47 | +11:48 |
| 19. | Signe Hansen | OK Sorø | 28:53 | +11:54 |
| 20. | Lærke Ravnholt Jensen | OK Roskilde | 29:03 | +12:04 |
| 21. | Iris Skammelsen Gilleladen | OK Pan Århus | 29:10 | +12:11 |
| 22. | Frida Weigelt Svendsen | OK Roskilde | 29:39 | +12:40 |
| 23. | Marie Lehrmann | OK Snab | 32:21 | +15:22 |
| 24. | Sofie Degn Berthelsen | Ballerup OK | 33:20 | +16:21 |
| 25. | Esther Thode Loft | Nordvest OK | 34:53 | +17:54 |
| 26. | Ellen Hulingbery | Farum OK | 41:07 | +24:08 |
| | Eline Rahbek Thyssen | Horsens OK | Ikke startet | |
| | Lola Caspari | OL Team Lippe | Ikke startet | |

D12A 3,55 km

Startet : 19 Udgået : 0 Disk.: 0

| | | | | |
|-----|--------------------------------|--------------------------|---------|--------|
| 1. | Nanna Lysemose Poulsen | Silkeborg OK | 29:19 | |
| 2. | Anne Sofie Thyssen Harfot | Horsens OK | 29:54 | +35 |
| 3. | Rebecca Loft Thyssen | Horsens OK | 30:54 | +01:35 |
| 4. | Sara Marlene Nystrom Olsen | Stavanger Orienteringsk | 31:00 | +01:41 |
| 5. | Eva Örnhamen Jørgensen | OK Snab | 31:39 | +02:20 |
| 6. | Maria Damgaard | OK GORM | 32:37 | +03:18 |
| 7. | Karoline Fonager Ulsøe Johanse | OK Roskilde | 33:25 | +04:06 |
| 8. | Laura Holm Nielsen | Horsens OK | 33:33 | +04:14 |
| 9. | Mathilde Poulsen | FIF Hillerød Orientering | 34:36 | +05:17 |
| 10. | Matilde Skousen | OK Melfar | 34:39 | +05:20 |
| 11. | Maria Bargmeyer | OK SYD | 38:22 | +09:03 |
| 12. | Astrid Gylling Hougaard | Aarhus 1900 Orientering | 40:30 | +11:11 |
| 13. | Thea Veng Basse | OK Melfar | 42:57 | +13:38 |
| 14. | Katrine Thygesen | OK Snab | 44:21 | +15:02 |
| 15. | Mia Lüscher | OLK Argus | 46:25 | +17:06 |
| 16. | Annika Lydeking Goldbach | Køge OK | 48:05 | +18:46 |
| 17. | Cecilia Skaarup Uhlemann | Kolding OK | 49:01 | +19:42 |
| 18. | Lise Mikkelsen | IK Grane Arendal Orient | 53:22 | +24:03 |
| 19. | Ine Mikkelsen | IK Grane Arendal Orient | 1:09:23 | +40:04 |

D12B 2,95 km

Startet : 9 Udgået : 0 Disk.: 0

| | | | | |
|----|---------------------------------|-------------------------|-------|--------|
| 1. | Aylin Mevius | Lübecker Turnerschaft | 20:08 | |
| 2. | Anna Austad Sveen | Raumar orientering | 21:13 | +01:05 |
| 3. | Dina Sofie Falkenberg Torgersen | Stavanger Orienteringsk | 23:16 | +03:08 |
| 4. | Laura Houkjær Rolighed | St. Binderup OK | 24:30 | +04:22 |
| 5. | Elisabeth Thode Loft | Nordvest OK | 25:07 | +04:59 |
| 6. | Line Peitersen | OK West | 27:58 | +07:50 |
| 7. | Ellen Roungkvist Uhlemann | Kolding OK | 28:40 | +08:32 |
| 8. | Nanna Lehrmann | OK Snab | 29:20 | +09:12 |
| 9. | Shania Hansen | OK Melfar | 38:55 | +18:47 |

D14A 5,33 km

Startet : 26 Udgået : 0 Disk.: 1

| | | | | |
|-----|----------------------------|-------------------------|---------|--------|
| 1. | Hedvig Gydesen | OK Melfar | 44:19 | |
| 2. | Cecilie Eeg Højholt | Kolding OK | 47:04 | +02:45 |
| 3. | Meike Hennisler | MTV Seesen | 52:59 | +08:40 |
| 4. | Christa Blach Madsen | Kolding OK | 53:03 | +08:44 |
| 5. | Rikke Rasmussen | OK Snab | 54:16 | +09:57 |
| 6. | Malin Kristiansson | Trollhättans SOK | 54:47 | +10:28 |
| 7. | Hedda Hoff Hagen | Byasen IL orientering | 56:32 | +12:13 |
| 8. | Trine Eg Staugaard | Kolding OK | 57:16 | +12:57 |
| 9. | Katrine Spanner | OK Pan Århus | 57:49 | +13:30 |
| 10. | Alberte Loft Thyssen | Horsens OK | 58:26 | +14:07 |
| 11. | Ida Juul Schiøtz | Silkeborg OK | 59:28 | +15:09 |
| 12. | Elise Purup-Nielsen | Horsens OK | 1:00:34 | +16:15 |
| 13. | Thea Charlotte Hansen | Asker Skiklubb | 1:01:25 | +17:06 |
| 14. | Pia Buchholz | MTK Bad Harzburg | 1:01:34 | +17:15 |
| 15. | Johanne Biering | Silkeborg OK | 1:01:38 | +17:19 |
| 16. | Ida Ravn Jacobsen | Kolding OK | 1:03:05 | +18:46 |
| 17. | Solia Stamer | MTK Bad Harzburg | 1:05:20 | +21:01 |
| 18. | Marie Louise Henning | Kolding OK | 1:09:44 | +25:25 |
| 19. | Maria Enevold Dahl | OK Pan Århus | 1:10:34 | +26:15 |
| 20. | Ida Hedver Thesbjerg | Horsens OK | 1:10:45 | +26:26 |
| 21. | Annika Henriksen | Svendborg OK | 1:10:54 | +26:35 |
| 22. | Sofie Slot Fenger-Grøn | OK Snab | 1:14:25 | +30:06 |
| 23. | Maria Bo Kølbæk | Aarhus 1900 Orientering | 1:31:01 | +46:42 |
| 24. | Julie Caspersen | OK Snab | 1:32:50 | +48:31 |
| 25. | Carmen Cecilie Christensen | Holbæk OK | 1:36:56 | +52:37 |
| | Kristine Rosenkjær | Faaborg OK | Disk. | |

D14B 3,53 km

Startet : 8 Udgået : 0 Disk.: 0

| | | | | |
|----|-----------------------------|--------------------------|-------|--------|
| 1. | Marie Liland | Nydalens Skiklub | 32:44 | |
| 2. | Karoline Hartmeyer | FIF Hillerød Orientering | 36:48 | +04:04 |
| 3. | Johanne Frisgård Pedersen | OK H.T.F. | 37:26 | +04:42 |
| 4. | Helene Holme | OK Sorø | 49:24 | +16:40 |
| 5. | Freja Kramers Sørensen | OK Esbjerg | 49:46 | +17:02 |
| 6. | Johanne Jensen | OK Esbjerg | 52:21 | +19:37 |
| 7. | Line Skousen | OK Melfar | 52:26 | +19:42 |
| 8. | Josephine Lottenburger Lund | Kolding OK | 53:08 | +20:24 |

D16A 6,55 km

Startet : 20 Udgået : 1 Disk.: 1

| | | | | |
|-----|-----------------------------|--------------------------|---------|--------|
| 1. | Agnes Nørgård Kracht | Tisvilde Hegn OK | 52:28 | |
| 2. | Lise Termansen | OK SYD | 52:55 | +27 |
| 3. | Camilla Larsen | FIF Hillerød Orientering | 54:52 | +02:24 |
| 4. | Marie Erskov Krogh | OK Øst Birkerød | 58:04 | +05:36 |
| 5. | Ida Kristiansson | Trollhättans SOK | 59:00 | +06:32 |
| 6. | Sara Lysemose Poulsen | Silkeborg OK | 59:01 | +06:33 |
| 7. | Anne Beukel Bak | Aalborg OK | 1:01:15 | +08:47 |
| 8. | Tine Dalgaard | Kolding OK | 1:03:48 | +11:20 |
| 9. | Amanda Isaksen | OK Snab | 1:10:01 | +17:33 |
| 10. | Ann-Charlotte Spangenberg | OLV Uslar | 1:11:23 | +18:55 |
| 11. | Karen Abildgård Poulsen | Aarhus 1900 Orientering | 1:11:46 | +19:18 |
| 12. | Celine Hinge Krogsgaard | Silkeborg OK | 1:17:18 | +24:50 |
| 13. | Freja Djursaa Fabrin | Odense OK | 1:19:41 | +27:13 |
| 14. | Kirstine Lyngby | Aalborg OK | 1:26:10 | +33:42 |
| 15. | Kristinapræstegaard | Mariager Fjord OK | 1:27:15 | +34:47 |
| 16. | Cecilie S. Udholm | Aalborg OK | 1:29:24 | +36:56 |
| 17. | Amalie Ellegaard Severinsen | OK Øst Birkerød | 1:32:54 | +40:26 |
| 18. | Anne Klingenberg | Faaborg OK | 1:36:44 | +44:16 |
| | Ida Øbro | Tisvilde Hegn OK | Udg. | |
| | Nikoline Holm Splittorff | FIF Hillerød Orientering | Disk. | |

D16AK 4,95 km

Startet : 2 Udgået : 0 Disk.: 0

| | | | | |
|----|-------------------|----------------------|---------|--------|
| 1. | Sandra Robertsen | OL Tonsberg og Omegn | 55:49 | |
| 2. | Emilie Sommerstad | Tyrving IL | 1:14:12 | +18:23 |

D16B 4,58 km

Startet : 2 Udgået : 0 Disk.: 0

| | | | | |
|----|-----------------------|-------------------------|--------------|--------|
| 1. | Emma Frandsen | OK Sorø | 49:19 | |
| 2. | Sarah Bargmeyer | OK SYD | 1:10:15 | +20:56 |
| | Tamara Nystrom Banjai | Stavanger Orienteringsk | Ikke startet | |

D18A 6,55 km

Startet : 13 Udgået : 0 Disk.: 0

| | | | | |
|-----|-------------------------|--------------------------|---------|--------|
| 1. | Mathilde Nørgård Kracht | Tisvilde Hegn OK | 52:07 | |
| 2. | Marie Cecilie Hartmeyer | FIF Hillerød Orientering | 54:36 | +02:29 |
| 3. | Anna Spanner | OK Pan Århus | 58:26 | +06:19 |
| 4. | Sofie Secher Thomsen | OK Pan Århus | 59:35 | +07:28 |
| 5. | Marte Hoff Hagen | Byasen IL orientering | 1:01:14 | +09:07 |
| 6. | Martine Topstad | OL Tonsberg og Omegn | 1:03:37 | +11:30 |
| 7. | Anna Kristiansson | Trollhättans SOK | 1:06:02 | +13:55 |
| 8. | Sofie Banke | Svendborg OK | 1:08:10 | +16:03 |
| 9. | Pernille Bøch Gylling | Aarhus 1900 Orientering | 1:12:03 | +19:56 |
| 10. | Sarah Nissen Pedersen | Faaborg OK | 1:12:22 | +20:15 |
| 11. | Tonje Pihl | OK Roskilde | 1:34:15 | +42:08 |
| 12. | Kathrine Emilie Amby | OK Øst Birkerød | 1:34:19 | +42:12 |
| 13. | Ida Lottenburger Lund | Kolding OK | 1:39:48 | +47:41 |

D20A 7,55 km

Startet : 6 Udgået : 1 Disk.: 0

| | | | | |
|----|----------------------|-------------------------|---------|--------|
| 1. | Caroline Gjøtterup | Faaborg OK | 59:13 | |
| 2. | Amalie Tripax | OK Roskilde | 1:01:15 | +02:02 |
| 3. | Mona Rasmussen | UF OK H.T.F. | 1:20:03 | +20:50 |
| 4. | Carelia Stærk Larsen | Ballerup OK | 1:20:47 | +21:34 |
| 5. | Marie-Louise Møller | Aalborg OK | 1:20:55 | +21:42 |
| | Anne Ekhard Edsen | Aarhus 1900 Orientering | Udg. | |

D20AK 5,43 km

Startet : 3 Udgået : 0 Disk.: 0

| | | | | |
|----|-----------------|----------------------|---------|--------|
| 1. | Marthe Gloersen | OL Tonsberg og Omegn | 45:30 | |
| 2. | Rikke Ivarsen | OK Pan Århus | 56:23 | +10:53 |
| 3. | Hanne Fredberg | Silkeborg OK | 1:08:22 | +22:52 |

D20B 4,58 km

Startet : 7 Udgået : 0 Disk.: 0

| | | | | |
|----|----------------------|-------------------------|---------|--------|
| 1. | Aina Elise Viena | Ringerike o-lag | 37:57 | |
| 2. | Laura Lyngby | Aalborg OK | 57:50 | +19:53 |
| 3. | Mari Coward | Orienteringsklubben Sor | 58:13 | +20:16 |
| 4. | Nina Skov | Skive AMOK | 1:03:13 | +25:16 |
| 5. | Kristine Børsting | Herlufsholm OK | 1:06:44 | +28:47 |
| 6. | Linnea Kadziola | Maribo OK | 1:06:49 | +28:52 |
| 7. | Nikiline Gade Hansen | OK Melfar | 1:23:30 | +45:33 |

D20C 3,53 km

Startet : 1 Udgået : 0 Disk.: 0

| | | | | |
|----|-------------------------|-----------|-------|--|
| 1. | Signe Frisgård Pedersen | OK H.T.F. | 33:47 | |
|----|-------------------------|-----------|-------|--|

D21A 8,00 km

Startet : 18 Udgået : 0 Disk.: 0

| | | | | |
|-----|--------------------------|-------------------------|--------------|--------|
| 1. | Anna Edenbrandt | Amager OK | 55:42 | |
| 2. | Anette Baklid | Konnerud IL | 55:49 | +07 |
| 3. | Christine Mikkelsen | IK Grane Arendal Orient | 1:01:04 | +05:22 |
| 4. | Rie Stenhøj Baun McGrail | OK Pan Århus | 1:03:00 | +07:18 |
| 5. | Kerstin Kahmann | OFV Ostercappeln | 1:04:57 | +09:15 |
| 6. | Lærke Vejsnæs | OK Sorø | 1:04:59 | +09:17 |
| 7. | Elin-kristin Hem | NTNUI | 1:06:54 | +11:12 |
| 8. | Cæcilie Christoffersen | Søllerød OK | 1:07:32 | +11:50 |
| 9. | Pernille Sommer | OK Øst Birkerød | 1:07:40 | +11:58 |
| 10. | Nina Vindegaard Grønberg | OK Øst Birkerød | 1:09:57 | +14:15 |
| 11. | Marie Filtenborg | Silkeborg OK | 1:10:15 | +14:33 |
| 12. | Farina Freigang | Bielefelder Turngemeind | 1:11:35 | +15:53 |
| 13. | Svenja Pabst | OLV Uslar | 1:13:41 | +17:59 |
| 14. | Bjorg Granly | NTNUI | 1:14:30 | +18:48 |
| 15. | Karoline Hooge | OK Skærmens Værløse | 1:15:07 | +19:25 |
| 16. | Marie H. Jensen | OK H.T.F. | 1:17:00 | +21:18 |
| 17. | Camilla Bertel Andersen | Karup OK | 1:20:56 | +25:14 |
| 18. | Astrid Thomsen | Holbæk OK | 1:22:51 | +27:09 |
| | Maja Alm | OK H.T.F. | Ikke startet | |
| | Signe Søres | OK Pan Århus | Ikke startet | |

D21AM 6,55 km

Startet : 5 Udgået : 0 Disk.: 0

| | | | | |
|----|------------------------|-----------------|---------|--------|
| 1. | Josephine Greiner | OC München | 48:24 | |
| 2. | Sarah Naomi Thomsen | OK Pan Århus | 52:20 | +03:56 |
| 3. | Sofie Mathiasen | Silkeborg OK | 1:11:17 | +22:53 |
| 4. | Mette Reiche Sørensen | OK Vendelboerne | 1:36:52 | +48:28 |
| 5. | Lise Ravnshøj Andersen | Herlufsholm OK | 1:44:41 | +56:17 |

D21AK 5,43 km

Startet : 41 Udgået : 0 Disk.: 0

| | | | | |
|-----|---------------------------|--------------------------|--------------|----------|
| 1. | Rikke Nygaard Monrad | FIF Hillerød Orientering | 38:45 | |
| 2. | Stinne Skammelsen | OK Pan Århus | 42:44 | +03:59 |
| 3. | Vanessa Roin | Søllerød OK | 44:09 | +05:24 |
| 4. | Henriette Baun Gautier | Horsens OK | 45:23 | +06:38 |
| | Karina Boen Knudsen | OK Pan Århus | 45:23 | +06:38 |
| 6. | Sofie Skammelsen | OK Pan Århus | 50:31 | +11:46 |
| 7. | Ricarda Kemper | Bielefelder Turngemeind | 51:09 | +12:24 |
| 8. | Helle Bobach | Aalborg OK | 54:09 | +15:24 |
| 9. | Toril Granly | Stavanger Orienteringsk | 55:25 | +16:40 |
| 10. | Anna Bobach | Aalborg OK | 55:30 | +16:45 |
| 11. | Tove Sonne Andersen | OK Øst Birkerød | 55:31 | +16:46 |
| 12. | Maja B. Kristensen | OK H.T.F. | 56:23 | +17:38 |
| 13. | Anne Solgaard | Ribe OK | 56:29 | +17:44 |
| 14. | Dorthe Kühl Petersen | OK SYD | 57:37 | +18:52 |
| 15. | Birgitte Erskov Halland | OK Øst Birkerød | 58:00 | +19:15 |
| 16. | Hanne Skovrider | Mariager Fjord OK | 58:10 | +19:25 |
| 17. | Katrine Olesen Hinge | OK Pan Århus | 58:12 | +19:27 |
| 18. | Charlotte Nielsen | Tisvilde Hegn OK | 59:26 | +20:41 |
| 19. | Monica Meum Johansen | Orienteringsklubben Mo | 1:00:08 | +21:23 |
| 20. | Trine Skammelsen | OK Pan Århus | 1:00:53 | +22:08 |
| 21. | Diana Cederberg | Ballerup OK | 1:00:59 | +22:14 |
| 22. | Signe Faber | Silkeborg OK | 1:01:14 | +22:29 |
| 23. | Anne Lysgaard Schulz | Aarhus 1900 Orientering | 1:02:10 | +23:25 |
| 24. | Lene Margrethe Sataberget | Lunderseter IL | 1:03:21 | +24:36 |
| 25. | Kirsten Nymann Petersen | OK Øst Birkerød | 1:03:48 | +25:03 |
| 26. | Maiken Rahbek Thyssen | Horsens OK | 1:04:56 | +26:11 |
| 27. | Ida Elisabeth Finstad | Orienteringsklubben Mo | 1:05:02 | +26:17 |
| 28. | Ellis Byrgiel Sommer | OK Øst Birkerød | 1:05:15 | +26:30 |
| 29. | Cecillie Skovsø Andersen | Hvalsø OK | 1:13:04 | +34:19 |
| 30. | Berit Ahlmann Hansen | OK Sorø | 1:13:50 | +35:05 |
| 31. | Lisa Tantholdt | OK Øst Birkerød | 1:14:56 | +36:11 |
| 32. | Gitte Franck Dyrland | Horsens OK | 1:15:05 | +36:20 |
| 33. | Stine T. Søndergaard | Herning Orienteringsklu | 1:15:46 | +37:01 |
| 34. | Pernille Stephansen | OK Esbjerg | 1:17:09 | +38:24 |
| 35. | Mille Skjold | Haslev OK | 1:17:21 | +38:36 |
| 36. | Jane Gotfredsen | Hvalsø OK | 1:18:21 | +39:36 |
| 37. | Vibeke Christensen | Haslev OK | 1:18:57 | +40:12 |
| 38. | Vibeke Stilling Pedersen | St. Binderup OK | 1:19:10 | +40:25 |
| 39. | Kristine Baagø | Viborg OK | 1:32:08 | +53:23 |
| 40. | Kristina Friis Nielsen | OK West | 1:35:12 | +56:27 |
| 41. | Maiken Andersen | Ballerup OK | 1:51:17 | +1:12:32 |
| | Lise Thode Schiøtt | Nordvest OK | Ikke startet | |
| | Sanne Elidsbo Hansen | Søllerød OK | Ikke startet | |

D21B 4,58 km

Startet : 11 Udgået : 1 Disk.: 0

| | | | | |
|-----|------------------------|-------------------------|---------|--------|
| 1. | Maria Søby Pedersen | Aarhus 1900 Orientering | 47:45 | |
| 2. | Betina Gram Johansen | Mariager Fjord OK | 48:54 | +01:09 |
| 3. | Pernille Helena Storm | OK Roskilde | 52:19 | +04:34 |
| 4. | Signe Arvad Kristensen | Herning Orienteringsklu | 57:20 | +09:35 |
| 5. | Nataliya Kondratyuk | Eslövs friluftsklubb | 58:51 | +11:06 |
| 6. | Stine Austad | Raumar orientering | 1:01:02 | +13:17 |
| 7. | Lise J. Pedersen | Silkeborg OK | 1:05:45 | +18:00 |
| 8. | Karen Magrethe Hansen | OK FROS | 1:14:35 | +26:50 |
| 9. | Pinal Patel | OK Melfar | 1:16:08 | +28:23 |
| 10. | Annemette Mouritsen | Silkeborg OK | 1:26:08 | +38:23 |
| | Sarah Steinbock | TSV Malente OL | Udg. | |

D21C 3,53 km

Startet : 14 Udgået : 1 Disk.: 0

| | | | | |
|-----|-------------------|-------------------------|--------------|--------|
| 1. | Jette Beyer | OK H.T.F. | 43:46 | |
| 2. | Britta Hjuler | OK Pan Århus | 44:13 | +27 |
| 3. | Tina Sevelsted | Skive AMOK | 47:11 | +03:25 |
| 4. | Siri Coward | Orienteringsklubben Sor | 50:55 | +07:09 |
| 5. | Henriette Oldager | OK FROS | 53:38 | +09:52 |
| 6. | Grete Skotte | Fossum IF | 54:48 | +11:02 |
| 7. | Finke | Emte Team Flensborg | 1:03:12 | +19:26 |
| 8. | Merete Muldbjerg | Aalborg OK | 1:09:02 | +25:16 |
| 9. | Tina Bjornstad | Raumar orientering | 1:17:12 | +33:26 |
| 10. | Rigmor Eiksen | Sturla IF | 1:18:56 | +35:10 |
| 11. | Grete Eriksen | Silkeborg OK | 1:19:00 | +35:14 |
| 12. | Bente Honnens | OK SYD | 1:35:30 | +51:44 |
| 13. | Bjorg Lande | Bö orienteringslag | 1:37:35 | +53:49 |
| | Birgit Andersen | OK Sorø | Udg. | |
| | Sisken Henningsen | Hvalsø OK | Ikke startet | |

D35A 7,55 km

Startet : 8 Udgået : 0 Disk.: 0

| | | | | |
|----|-----------------------|-------------------------|---------|--------|
| 1. | Grethe Leth Jørgensen | OK Pan Århus | 1:03:53 | |
| 2. | Dorthe Skovlyst | Faaborg OK | 1:07:50 | +03:57 |
| 3. | Esther Stamer | MTK Bad Harzburg | 1:12:24 | +08:31 |
| 4. | Sofie Heuninckx | Kempische Orientatielop | 1:14:15 | +10:22 |
| 5. | Monica Berglund | Ringerike o-lag | 1:18:46 | +14:53 |
| 6. | Ditte Busch | OK Snab | 1:24:42 | +20:49 |
| 7. | Jette Dollerup | OK Pan Århus | 1:34:03 | +30:10 |
| 8. | Marianne Jensen | OK Melfar | 1:56:09 | +52:16 |

D35B 4,58 km

Startet : 22 Udgået : 0 Disk.: 0

| | | | | |
|-----|---------------------------|--------------------------|--------------|--------|
| 1. | Inger Skjavesland | IF Trauma | 48:26 | |
| 2. | Signe Hanghøj | Ballerup OK | 49:32 | +01:06 |
| 3. | Majken Maarup | Allerød OK | 50:27 | +02:01 |
| 4. | Bente Pedersen | OK Esbjerg | 54:48 | +06:22 |
| 5. | Louise Holm Splittorff | FIF Hillerød Orientering | 55:30 | +07:04 |
| 6. | Hanne Poulsen | FIF Hillerød Orientering | 55:45 | +07:19 |
| 7. | Tina Ottesen | Ballerup OK | 56:01 | +07:35 |
| 8. | Karin Biering | Silkeborg OK | 59:35 | +11:09 |
| 9. | Helle Wihan | Odense Politis Idrætsfor | 1:02:03 | +13:37 |
| 10. | Bettina Lehrmann | OK Snab | 1:02:46 | +14:20 |
| 11. | Tina Thorsing Christensen | Faaborg OK | 1:03:00 | +14:34 |
| 12. | Pia Grønberg Hansen | Kolding OK | 1:04:00 | +15:34 |
| 13. | Henriette Kranker | OK Pan Århus | 1:05:03 | +16:37 |
| 14. | Anikken Dybvik | Stokke IL | 1:05:21 | +16:55 |
| 15. | Pia Caspari | OL Team Lippe | 1:05:58 | +17:32 |
| 16. | Lise Lotte Enevold Hansen | OK Pan Århus | 1:06:45 | +18:19 |
| 17. | Lene Alkjær | FIF Hillerød Orientering | 1:07:18 | +18:52 |
| 18. | Irene Bentien Schmidt | Herning Orienteringsklu | 1:09:19 | +20:53 |
| 19. | Pia Bo Kølbæk | Aarhus 1900 Orientering | 1:17:29 | +29:03 |
| 20. | Grethe Jørgensen | Viborg OK | 1:20:50 | +32:24 |
| 21. | Maja Thode Rask | Nordvest OK | 1:23:10 | +34:44 |
| 22. | Cynthia Wester | Hamburg OL | 1:26:18 | +37:52 |
| | Annett Lassen | OK GORM | Ikke startet | |
| | Lotta Lüthje | Mariager Fjord OK | Ikke startet | |

D40A 6,55 km

Startet : 27 Udgået : 1 Disk.: 0

| | | | | |
|-----|-------------------------------|--------------------------|--------------|--------|
| 1. | Anne Møller Skaug | OK Pan Århus | 51:25 | |
| 2. | Heidi Hinge Krogsgaard | Silkeborg OK | 51:26 | +01 |
| 3. | Tine Rasmussen | Silkeborg OK | 54:23 | +02:58 |
| 4. | Susanne Loft Thyssen | Horsens OK | 54:48 | +03:23 |
| 5. | Christine Lüscher-fogtmann.ch | OLK Argus | 1:00:02 | +08:37 |
| 6. | Jette Klogborg | OK H.T.F. | 1:01:06 | +09:41 |
| 7. | Tine Alkjær | FIF Hillerød Orientering | 1:02:56 | +11:31 |
| 8. | Anne-Mette Nørregaard | OK FROS | 1:04:32 | +13:07 |
| 9. | Jeanette Finderup | OK Pan Århus | 1:06:33 | +15:08 |
| 10. | Lone Fyhn Olesen | Odense OK | 1:06:42 | +15:17 |
| 11. | Irene K. Mikkelsen | Horsens OK | 1:06:51 | +15:26 |
| 12. | Malene Løkke | Køge OK | 1:07:30 | +16:05 |
| 13. | Rikke Lysemose Poulsen | Silkeborg OK | 1:07:31 | +16:06 |
| 14. | Caroline Knoll | Bielefelder Turngemeind | 1:11:12 | +19:47 |
| 15. | Henriette Hansen | Herlufsholm OK | 1:11:57 | +20:32 |
| 16. | Michaela Bruns | MTK Bad Harzburg | 1:12:15 | +20:50 |
| 17. | Anne-Mette Jansen | OK Roskilde | 1:17:52 | +26:27 |
| 18. | Hilke Andersson | TSV Malente OL | 1:18:09 | +26:44 |
| 19. | Christina Hartmeyer | FIF Hillerød Orientering | 1:19:32 | +28:07 |
| 20. | Mette Ellegaard Kokholm | Horsens OK | 1:20:23 | +28:58 |
| 21. | Anke Suhr | TSV Malente OL | 1:21:14 | +29:49 |
| 22. | Tanja Buchholz | MTK Bad Harzburg | 1:27:20 | +35:55 |
| 23. | Mette Kanstrup | OK Pan Århus | 1:30:23 | +38:58 |
| 24. | Simona Weber | Phoenix Lübeck | 1:33:47 | +42:22 |
| 25. | Anette Lindegård Christensen | Holbæk OK | 1:38:29 | +47:04 |
| 26. | Mette Rich | Ballerup OK | 1:40:45 | +49:20 |
| | Ingunn Berget | As-UMB Orientering | Udg. | |
| | Anne Rosell Holt | Køge OK | Ikke startet | |
| | Charlotte Wilsky | Horsens OK | Ikke startet | |

D45A 6,55 km

Startet : 46 Udgået : 0 Disk.: 1

| | | | | |
|-----|----------------------------|--------------------------|---------|----------|
| 1. | Ulrika Örnhamen Jørgensen | OK Snab | 49:03 | |
| 2. | Elin Nørgård Kracht | PI-København | 55:57 | +06:54 |
| 3. | Berit Harfot | Horsens OK | 55:58 | +06:55 |
| 4. | Kjersti Holt Hanssen | Maren OK | 58:22 | +09:19 |
| 5. | Marianne Lynge Krogh | Kolding OK | 58:38 | +09:35 |
| 6. | Anette Bagger Sørensen | Silkeborg OK | 1:00:31 | +11:28 |
| 7. | Heidrun Finke | OLV Uslar | 1:01:46 | +12:43 |
| 8. | Maria Douglas Stilling | FIF Hillerød Orientering | 1:02:56 | +13:53 |
| 9. | Liisa Rihko-struckmann | Braunschweiger MTV | 1:03:56 | +14:53 |
| 10. | Silvia Nolte | TSV Nusse | 1:04:15 | +15:12 |
| 11. | Birgitte Birck | Allerød OK | 1:05:28 | +16:25 |
| 12. | Claudia Greiner | OC München | 1:05:49 | +16:46 |
| 13. | Helene Nissen | OK Esbjerg | 1:05:55 | +16:52 |
| 14. | Mette Edsen | Nordvest OK | 1:06:28 | +17:25 |
| 15. | Christina S Omfjord | Oddersjaa SSK | 1:06:52 | +17:49 |
| 16. | Bente Madsen | Tisvilde Hegn OK | 1:07:03 | +18:00 |
| 17. | Andrea Finkenstädt | OLV Uslar | 1:08:04 | +19:01 |
| 18. | Runa Ulsøe | OK Roskilde | 1:08:51 | +19:48 |
| 19. | Birgit Petersen Børsting | Herlufsholm OK | 1:09:13 | +20:10 |
| 20. | Bente Kjær Hemmingsen | FIF Hillerød Orientering | 1:10:36 | +21:33 |
| 21. | Lone Rasmussen | OK Snab | 1:11:14 | +22:11 |
| 22. | Anne Frandsen | OK Sorø | 1:11:20 | +22:17 |
| 23. | Marianne Damgaard | OK Gorm | 1:13:36 | +24:33 |
| 24. | Brigitte Dersch-kollenbach | Ski-Club Helsa e.V. | 1:14:18 | +25:15 |
| 25. | Lene Stick Nielsen | Viborg OK | 1:15:11 | +26:08 |
| 26. | Tone Cecilie Nystrom | Stavanger Orienteringsk | 1:16:51 | +27:48 |
| 27. | Susanne Kristensen | Herning Orienteringsklu | 1:19:03 | +30:00 |
| 28. | Irene Gammeljord | OK Snab | 1:19:20 | +30:17 |
| 29. | Helle Nikkel | Viborg OK | 1:19:29 | +30:26 |
| 30. | Ida Syversen | Royken O-lag | 1:22:02 | +32:59 |
| 31. | Ann-Vibeke Mose | Vestjysk Orienteringsklu | 1:23:19 | +34:16 |
| 32. | Lenette Schunck Svendsen | Holbæk OK | 1:24:51 | +35:48 |
| 33. | Mette Voldum Jørgensen | Silkeborg OK | 1:26:01 | +36:58 |
| 34. | Margit Goldbach | Køge OK | 1:26:30 | +37:27 |
| 35. | Rie Moos Villumsen | OK Snab | 1:27:28 | +38:25 |
| 36. | Lajla Præstgaard | Mariager Fjord OK | 1:29:43 | +40:40 |
| 37. | Lene Bejer Damgaard | Viborg OK | 1:32:35 | +43:32 |
| 38. | Lykke Berg | Herlufsholm OK | 1:33:36 | +44:33 |
| 39. | Helle Termansen | OK SYD | 1:35:49 | +46:46 |
| 40. | Gitte Fallesen | Viborg OK | 1:43:48 | +54:45 |
| 41. | Tanya Prokhorova | OK H.T.F. | 1:47:15 | +58:12 |
| 42. | Anne-Marie Jensen | OK SYD | 1:47:31 | +58:28 |
| 43. | Hanne Gylling | Aarhus 1900 Orientering | 1:52:49 | +1:03:46 |
| 44. | Sanne Lund Kolenda | Holbæk OK | 2:06:30 | +1:17:27 |
| 45. | Løber D45 i stedeet | OK Sorø | 2:11:14 | +1:22:11 |
| | Susanne Højholt | Kolding OK | Disk. | |

D45AK 3,88 km

Startet : 31 Udgået : 0 Disk.: 0

| | | | | |
|-----|-------------------------------|-----------------------|---------|--------|
| 1. | Marianne Fruseth Christiansen | OL Tonsberg og Omegn | 32:11 | |
| 2. | Zoe Griffin | Ganddal IL | 37:01 | +04:50 |
| 3. | Søs Munch Hansen | OK Sorø | 37:17 | +05:06 |
| 4. | Kate Nielsen | OK Snab | 38:45 | +06:34 |
| 5. | Anne-Grete Austad | Raumar orientering | 41:03 | +08:52 |
| 6. | Evi Drese | OLV Uslar | 41:17 | +09:06 |
| 7. | Mette Lolk | OK Esbjerg | 43:01 | +10:50 |
| 8. | Anne Mølgaard Nielsen | UF Odense OK | 43:56 | +11:45 |
| 9. | Anita Ostgard Olsen | Loten Orienteringslag | 44:04 | +11:53 |
| 10. | Anette Dewett | OK Snab | 44:52 | +12:41 |
| 11. | Marianne Skjold | Haslev OK | 45:00 | +12:49 |
| 12. | Linda Slot Fenger-Grøn | OK Snab | 46:29 | +14:18 |
| 13. | Anni Sørensen | OK Pan Århus | 48:31 | +16:20 |
| 14. | Ingvill Sommerstad | Tyrving IL | 48:52 | +16:41 |
| 15. | Lene Koch Foster | Kolding OK | 51:03 | +18:52 |
| 16. | Anne Marie Stephansen | OK Esbjerg | 51:07 | +18:56 |
| 17. | Tina Udholm | Aalborg OK | 52:21 | +20:10 |
| 18. | Anne Grethe Eriksen | OK FROS | 52:33 | +20:22 |
| 19. | Jannie Nielsen | Tisvilde Hegn OK | 53:48 | +21:37 |
| 20. | Christine Hoffmann | TSV Nusse | 54:02 | +21:51 |
| 21. | Bente Pihl | OK Roskilde | 54:57 | +22:46 |
| 22. | Else Neergaard | OK Sorø | 56:22 | +24:11 |
| 23. | Maria Munk Eriksen | Søllerød OK | 56:45 | +24:34 |
| 24. | Lone Secher Andersen | OK Pan Århus | 57:56 | +25:45 |
| 25. | Helle Hansen | Herlufsholm OK | 58:25 | +26:14 |
| 26. | Gitte Krogh Madsen | OK Roskilde | 59:20 | +27:09 |
| 27. | Signe Hachenberger Thomsen | Randers OK | 1:01:00 | +28:49 |
| 28. | Kirsten Petersen | Haslev OK | 1:01:28 | +29:17 |
| 29. | Helle Sørensen | OK Melfar | 1:09:42 | +37:31 |
| 30. | Pia Nørhede | Hvalsø OK | 1:11:33 | +39:22 |
| 31. | Ilsabe Børsting | UF Herlufsholm OK | 1:12:58 | +40:47 |

D45B 3,68 km

Startet : 33 Udgået : 0 Disk.: 1

| | | | | |
|-----|------------------------|-----------------------|--------------|----------|
| 1. | Gitte Kristiansson | Trollhättans SOK | 36:06 | |
| 2. | Barbro Falck-Ytter | Gjo-Vard o-lag | 48:31 | +12:25 |
| 3. | Anita Mogensen | Skive AMOK | 49:00 | +12:54 |
| 4. | Hanne Hyldelund | OK H.T.F. | 50:04 | +13:58 |
| 5. | Birgitte Tripax | OK Roskilde | 50:23 | +14:17 |
| 6. | Mari Hoff | Byasen IL orientering | 50:33 | +14:27 |
| 7. | Lotte Jordan | OK Snab | 51:00 | +14:54 |
| 8. | Janne Blomberg | Karup OK | 51:04 | +14:58 |
| 9. | Ingrid Byfuglien | Synnfjell OK | 51:07 | +15:01 |
| 10. | Tina kyed | Viborg OK | 54:55 | +18:49 |
| 11. | Hanne Kampmann Madsen | Odense OK | 59:53 | +23:47 |
| 12. | Lotte Vinther Andersen | Kolding OK | 1:00:34 | +24:28 |
| 13. | Betty Lison | Aalborg OK | 1:02:18 | +26:12 |
| 14. | Susanne Jensen | OK Roskilde | 1:02:20 | +26:14 |
| 15. | Birthe Nielsen | OK Roskilde | 1:03:44 | +27:38 |
| 16. | Inge Degn | Skive AMOK | 1:05:41 | +29:35 |
| 17. | Vita Jørgensen | Ribe OK | 1:06:28 | +30:22 |
| 18. | Marianne Schmidt | OK Esbjerg | 1:07:44 | +31:38 |
| 19. | Inge Mogensen | Aalborg OK | 1:08:00 | +31:54 |
| 20. | Ulla Jensen | OK GORM | 1:08:14 | +32:08 |
| 21. | Pia Johansen | OK SYD | 1:08:23 | +32:17 |
| 22. | Marianne Dahl | OK Sorø | 1:08:36 | +32:30 |
| 23. | Hilde Gunn Hellenes | OK Skeidi | 1:10:57 | +34:51 |
| 24. | Ellen Kjærgaard Brydsø | Skive AMOK | 1:11:01 | +34:55 |
| 25. | Birte Hove | OK SYD | 1:12:50 | +36:44 |
| 26. | Tove E Juhl | OK H.T.F. | 1:28:54 | +52:48 |
| 27. | Lene Mogensen | Skagen OK og Motion | 1:32:59 | +56:53 |
| 28. | Marianne Lorenzen | OK West | 1:33:58 | +57:52 |
| 29. | Conny Birch | OK Djurs | 1:42:00 | +1:05:54 |
| 30. | Inge Lene Holm | Ballerup OK | 1:45:36 | +1:09:30 |
| 31. | Inge Djernæs | Odense OK | 1:47:08 | +1:11:02 |
| 32. | Helle Bach | OK Djurs | 1:54:50 | +1:18:44 |
| | Brit Vivian Meling | Sandnes IL - Rogaland | Disk. | |
| | Claudia Nissen | OK Esbjerg | Ikke startet | |
| | Rikke Ertmann | Allerød OK | Ikke startet | |

D50A 4,48 km

Startet : 45 Udgået : 1 Disk.: 1

| | | | | |
|-----|---------------------------|--------------------------|--------------|--------|
| 1. | Tove Strand | Maren OK | 38:17 | |
| 2. | Lucia Aagaard | Herning Orienteringsklu | 39:47 | +01:30 |
| 3. | Lena Wraa | Tisvilde Hegn OK | 40:03 | +01:46 |
| 4. | Anna-Birgitta Gustavsson | OK Tylöskog | 40:11 | +01:54 |
| 5. | Guri Alm | OK H.T.F. | 40:23 | +02:06 |
| 6. | Anne Maarup | FIF Hillerød Orientering | 40:40 | +02:23 |
| 7. | Susanne Gjed sig Thomsen | Tisvilde Hegn OK | 41:16 | +02:59 |
| 8. | Britta Ank Pedersen | Horsens OK | 44:04 | +05:47 |
| 9. | Annette Bonde | Ballerup OK | 44:27 | +06:10 |
| 10. | Charlotte Grauert | Ballerup OK | 46:19 | +08:02 |
| 11. | Froy Grondahl | Lillomarka o-lag | 46:50 | +08:33 |
| 12. | Hanne Staugaard | Kolding OK | 48:27 | +10:10 |
| 13. | Gro Hege Ludvigsen | Maren OK | 49:10 | +10:53 |
| 14. | Hanne Møller Jensen | OK Roskilde | 49:17 | +11:00 |
| 15. | Anna-Grethe Najbjerg | OK GORM | 49:28 | +11:11 |
| 16. | Vibeke Ekhard Edsen | Aarhus 1900 Orientering | 49:42 | +11:25 |
| 17. | Inger Andreasen | OK Melfar | 50:41 | +12:24 |
| 18. | Ingrid Ravn | OL Toten-Troll | 50:42 | +12:25 |
| 19. | Trine Ravn | Horsens OK | 51:16 | +12:59 |
| 20. | Jette Karlsen | Hvalsø OK | 52:19 | +14:02 |
| 21. | Bente H. Ringive | OK GORM | 52:49 | +14:32 |
| 22. | Gitte Grauert | Ballerup OK | 52:57 | +14:40 |
| 23. | Inger Lise Simonsen | Silkeborg OK | 53:59 | +15:42 |
| 24. | Kirsten Juda | OK Roskilde | 54:16 | +15:59 |
| 25. | Tina Blach | Kolding OK | 55:18 | +17:01 |
| 26. | Birgitte Wraa | Tisvilde Hegn OK | 55:32 | +17:15 |
| 27. | Barbara Dresel | SC Klecken | 56:14 | +17:57 |
| 28. | Carina Meyer | OK Roskilde | 56:49 | +18:32 |
| 29. | Claudia Schmidt Thomsen | Horsens OK | 57:02 | +18:45 |
| 30. | Kjersti Sommerstad Juveli | Lillomarka o-lag | 57:04 | +18:47 |
| 31. | Susanne Høiberg | Silkeborg OK | 57:43 | +19:26 |
| 32. | Hanne Ivarsen | OK Pan Århus | 57:54 | +19:37 |
| 33. | Nina Bjerke | Larvik Orienteringsklubb | 57:55 | +19:38 |
| 34. | Ingelise Baden | OK H.T.F. | 59:25 | +21:08 |
| 35. | Jonna Jørgensen | Herning Orienteringsklu | 1:00:42 | +22:25 |
| 36. | Eva Syversen | Royken O-lag | 1:01:48 | +23:31 |
| 37. | Anette Ozol | Silkeborg OK | 1:02:03 | +23:46 |
| 38. | Jette Honoré | OK H.T.F. | 1:04:05 | +25:48 |
| 39. | Lotte Jensen | OK Melfar | 1:13:15 | +34:58 |
| 40. | Birte Langkilde | Ballerup OK | 1:15:39 | +37:22 |
| 41. | Annette Møller | Nordvest OK | 1:25:23 | +47:06 |
| 42. | Ellen Korsbæk | St. Binderup OK | 1:25:30 | +47:13 |
| 43. | Lone Jørgensen | Herlufsholm OK | 1:38:13 | +59:56 |
| | Kirsten Urhøj | Tisvilde Hegn OK | Udg. | |
| | Inge P. Jensen | Odense OK | Disk. | |
| | Lene Laier | OK Snab | Ikke startet | |

D55A 4,95 km

Startet : 36 Udgået : 0 Disk.: 1

| | | | | |
|-----|---------------------------|-------------------------|---------|--------|
| 1. | Hanne Møller Andersen | OK Pan Århus | 50:00 | |
| 2. | Hanne Ljungberg | OK SYD | 50:26 | +26 |
| 3. | Elisabeth Meum Johansen | Orienteringsklubben Mo | 50:41 | +41 |
| 4. | Karen Sieg | Horsens OK | 50:42 | +42 |
| 5. | Jannike Wåhlberg | OK Kåre | 52:10 | +02:10 |
| 6. | Tove Jakobsen | Silkeborg OK | 55:17 | +05:17 |
| 7. | Susanne Baun | Horsens OK | 56:19 | +06:19 |
| 8. | Helle Schou | OK Snab | 56:32 | +06:32 |
| 9. | Lone Dybdal | Aarhus 1900 Orientering | 57:08 | +07:08 |
| 10. | Hanne Madsen | Kolding OK | 58:16 | +08:16 |
| 11. | Vivi Andreassen | Kolding OK | 58:54 | +08:54 |
| 12. | Jytte Hougaard | OK Roskilde | 1:00:37 | +10:37 |
| 13. | Britt Hermanrud | Silkeborg OK | 1:02:11 | +12:11 |
| 14. | Simonne Silvi | Kempische Orientatielop | 1:02:37 | +12:37 |
| 15. | Bodil Schulz | Herning Orienteringsklu | 1:02:46 | +12:46 |
| 16. | Kirsten Elisabet Andersen | Karup OK | 1:03:08 | +13:08 |
| 17. | Lene Kofoed Petersen | Horsens OK | 1:03:38 | +13:38 |
| 18. | Birgitte Bach | Viborg OK | 1:04:32 | +14:32 |
| 19. | Grete Berntsen | Maren OK | 1:05:10 | +15:10 |
| 20. | Lone Marianne Jensen | Nordvest OK | 1:06:52 | +16:52 |
| 21. | Lene Hansen | Herlufsholm OK | 1:07:22 | +17:22 |
| 22. | Pia Kadziola | Maribo OK | 1:08:33 | +18:33 |
| 23. | Lise Nielsen | OK H.T.F. | 1:09:34 | +19:34 |
| 24. | Ellen Kühn Jensen | FSK Orientering | 1:10:09 | +20:09 |
| 25. | Ann Rasmussen | Søllerød OK | 1:12:26 | +22:26 |
| 26. | Claudia Leibrandt | TSV Malente OL | 1:13:23 | +23:23 |
| 27. | Jette Post | Odense OK | 1:15:26 | +25:26 |
| 28. | Anna Halborg-Madsen | Viborg OK | 1:16:18 | +26:18 |
| 29. | Hanne Pedersen | OK Roskilde | 1:20:33 | +30:33 |
| 30. | Lisbet Hansen | FSK Orientering | 1:23:05 | +33:05 |
| 31. | Anette Bernth Hansen | Nordvest OK | 1:28:00 | +38:00 |
| 32. | AnneLi Aabye | Ballerup OK | 1:31:09 | +41:09 |
| 33. | Anita Baerts | Borasca | 1:31:31 | +41:31 |
| 34. | Hanne Frost | Farum OK | 1:36:07 | +46:07 |
| 35. | Susanne Christiansen | Farum OK | 1:39:00 | +49:00 |
| | Birgitte Halle | Aarhus 1900 Orientering | Disk. | |

D55AK 3,45 km

Startet : 15 Udgået : 0 Disk.: 0

| | | | | |
|-----|-------------------------|-------------------------|--------------|--------|
| 1. | Pia Hejlskov Mogensen | St. Binderup OK | 38:55 | |
| 2. | Oddny Jorgensen | IK Grane Arendal Orient | 39:56 | +01:01 |
| 3. | Lilli Hansen | OK Gorm | 42:06 | +03:11 |
| 4. | Jette Kreiberg | OK Roskilde | 45:27 | +06:32 |
| 5. | Hanne Jochumsen | OK Esbjerg | 47:44 | +08:49 |
| 6. | Maria Sulzer | OLG Skandia | 49:01 | +10:06 |
| 7. | Annette Petersen | OK Roskilde | 49:51 | +10:56 |
| 8. | Jane Flyvholm | Skagen OK og Motion | 54:30 | +15:35 |
| 9. | Annelise Saltoft Jensen | Hvalsø OK | 1:01:25 | +22:30 |
| 10. | Lene Thorsen | OK West | 1:02:33 | +23:38 |
| 11. | Karin Møvert | OK KOMPASSEN | 1:03:40 | +24:45 |
| 12. | Mona Rasmussen | OK H.T.F. | 1:03:56 | +25:01 |
| 13. | Birgit Christensen | Haslev OK | 1:06:24 | +27:29 |
| 14. | Dorte Friis | St. Binderup OK | 1:27:24 | +48:29 |
| 15. | Helle Ragnarsson | OK KOMPASSEN | 1:31:46 | +52:51 |
| | Helle Jall | OK Roskilde | Ikke startet | |

D60A 4,05 km

Startet : 35 Udgået : 0 Disk.: 0

| | | | | |
|-----|--------------------------|--------------------------|--------------|----------|
| 1. | Janet Bentzen | OK Øst Birkerød | 41:24 | |
| 2. | Siri Okstad | Oddersjaa SSK | 43:10 | +01:46 |
| 3. | Tove Straarup | Horsens OK | 45:29 | +04:05 |
| 4. | Annlou Husen | Farum OK | 45:30 | +04:06 |
| 5. | Ulla Engelby | OK Pan Kristianstad | 47:15 | +05:51 |
| 6. | Randi Hansen | OK S.G. | 47:57 | +06:33 |
| 7. | Monica Roeling | KOVZ | 48:23 | +06:59 |
| 8. | Merete Ravnshøj Andersen | Herlufsholm OK | 48:53 | +07:29 |
| 9. | Trille Ditlevsen | Horsens OK | 50:02 | +08:38 |
| 10. | Nelly Skammelsen | Silkeborg OK | 51:31 | +10:07 |
| 11. | Lisbeth Damsgaard | Søllerød OK | 52:54 | +11:30 |
| 12. | Pia Gade | Viborg OK | 53:15 | +11:51 |
| 13. | Kirsten Bobach | Aalborg OK | 53:20 | +11:56 |
| 14. | Ingrid Müssen | SuS Vehrte | 54:22 | +12:58 |
| 15. | Hanne W. Svendsen | Silkeborg OK | 54:53 | +13:29 |
| 16. | Eva-maria Marty | OL Domino | 56:33 | +15:09 |
| 17. | Mette Høj | OK S.G. | 57:11 | +15:47 |
| 18. | Susanne Gasbjerg | Silkeborg OK | 58:32 | +17:08 |
| 19. | Hanne H. Poulsen | Mariager Fjord OK | 59:59 | +18:35 |
| 20. | Erna Søndergård | Farum OK | 1:02:07 | +20:43 |
| 21. | Lone Christensen | Aarhus 1900 Orientering | 1:02:58 | +21:34 |
| 22. | Doris Kläy | OLG Huttwil | 1:04:00 | +22:36 |
| 23. | Gerda Henriksen | Aarhus 1900 Orientering | 1:04:16 | +22:52 |
| 24. | Eva Bloch | OK Pan Århus | 1:06:14 | +24:50 |
| 25. | Betty Folino | FIF Hillerød Orientering | 1:07:14 | +25:50 |
| 26. | Liselotte Andersen | Ballerup OK | 1:07:57 | +26:33 |
| 27. | Bente Østergaard | Mariager Fjord OK | 1:10:30 | +29:06 |
| 28. | Anne-Mette Kirkegaard | Silkeborg OK | 1:11:27 | +30:03 |
| 29. | Inger Martin | Lyngby OK | 1:12:35 | +31:11 |
| 30. | Christiane Toebinte | Balise 10 | 1:14:39 | +33:15 |
| 31. | Irmtraud Schröder | TSV Malente OL | 1:19:33 | +38:09 |
| 32. | Inge Iversen | Mariager Fjord OK | 1:23:13 | +41:49 |
| 33. | Lena Hansen | Herlufsholm OK | 1:25:44 | +44:20 |
| 34. | Birgit Rasmussen | Aarhus 1900 Orientering | 1:27:30 | +46:06 |
| 35. | Lene Kring Andersen | Aarhus 1900 Orientering | 1:41:36 | +1:00:12 |
| | Christine Edenbrandt | Lunds_OK | Ikke startet | |

D65A 3,88 km

Startet : 46 Udgået : 0 Disk.: 1

| | | | | |
|-----|-------------------------|--------------------------|---------|--------|
| 1. | Mona Nørgaard | OK Pan Århus | 36:18 | |
| 2. | Ulla Hooge | OK Skærmén Værløse | 37:47 | +01:29 |
| 3. | Inge Jørgensen | OK Roskilde | 38:01 | +01:43 |
| 4. | Vibeke Bøgevig | Søllerød OK | 41:05 | +04:47 |
| 5. | Elin Holm Jensen | Horsens OK | 42:11 | +05:53 |
| 6. | Else Gudme | OK73 | 43:00 | +06:42 |
| 7. | Anne Bülow-Olsen | Lyngby OK | 43:29 | +07:11 |
| 8. | Rigmor Schou | Mariager Fjord OK | 43:54 | +07:36 |
| 9. | Turid Nystrom | Stavanger Orienteringsk | 44:01 | +07:43 |
| 10. | Lisbet Nielsen | OK Vendelboerne | 45:39 | +09:21 |
| 11. | Jane Thode Jensen | Nordvest OK | 46:19 | +10:01 |
| 12. | Karen-Lisbeth Fredberg | Silkeborg OK | 47:11 | +10:53 |
| 13. | Grethe Larsen | OK Snab | 47:14 | +10:56 |
| 14. | Else Hass | OK Pan Århus | 47:17 | +10:59 |
| 15. | Aase Neregaard | Tisvilde Hegn OK | 47:41 | +11:23 |
| 16. | Ann Dorrit Hansen | OK Djurs | 48:30 | +12:12 |
| 17. | Lotte Hjort | Faaborg OK | 48:42 | +12:24 |
| 18. | Marianne Lykking | OK73 | 49:03 | +12:45 |
| 19. | Inger Lindlov | Orienteringsklubben Mo | 49:07 | +12:49 |
| | Inger Marie Haahr | OK H.T.F. | 49:07 | +12:49 |
| 21. | Kirsten Gehlshøj | OK S.G. | 49:08 | +12:50 |
| 22. | Jette Stepputat | Søllerød OK | 49:41 | +13:23 |
| 23. | Edith Sørensen | Aalborg OK | 51:20 | +15:02 |
| 24. | Ansa MacLassen | Mariager Fjord OK | 51:48 | +15:30 |
| 25. | Lisbet Sortkjær | Silkeborg OK | 52:16 | +15:58 |
| 26. | Lilian Sørensen | OK Pan Århus | 52:26 | +16:08 |
| 27. | Inger Landsperg | Tisvilde Hegn OK | 53:09 | +16:51 |
| 28. | Lise Kolte | FSK Orientering | 53:11 | +16:53 |
| 29. | Birgit Berner | Køge OK | 53:49 | +17:31 |
| 30. | Ellen Thomsen | OK Vendelboerne | 54:02 | +17:44 |
| | Margit R.steen | Bö orienteringslag | 54:02 | +17:44 |
| 32. | Ruth Hansen | OK Skærmén Værløse | 54:16 | +17:58 |
| 33. | Tuula Ohramaa | Rasti-Jyry | 56:30 | +20:12 |
| 34. | Grethe Hviid | OK FROS | 56:41 | +20:23 |
| 35. | Ane Veierskov | OK Roskilde | 56:42 | +20:24 |
| 36. | Tove Holm | Orienteringsklubben Mo | 56:50 | +20:32 |
| 37. | Marith Brekke | Hamar orienteringsklubb | 57:53 | +21:35 |
| 38. | Haldis Olaug Glendrange | Stavanger Orienteringsk | 58:09 | +21:51 |
| 39. | Jytte Larsen | Silkeborg OK | 1:00:29 | +24:11 |
| 40. | Hanne Mortensen | Silkeborg OK | 1:02:51 | +26:33 |
| 41. | Musse Brage | OK Melfar | 1:03:06 | +26:48 |
| 42. | Tordis Rytter Jakobsen | Orienteringsklubben Mo | 1:04:14 | +27:56 |
| 43. | Mette Dam | Viborg OK | 1:12:09 | +35:51 |
| 44. | Anette Hansen | OK Esbjerg | 1:12:34 | +36:16 |
| 45. | Lizzie Olesen | Vestjysk Orienteringsklu | 1:19:56 | +43:38 |
| | Else Sølling | OK FROS | Disk. | |

Lone Svensson

IK Grane Arendal Orient Ikke startet

D70A 3,45 km

Startet : 27 Udgået : 0 Disk.: 1

| | | | | |
|-----|------------------------|-------------------------|---------|----------|
| 1. | Bitten Nielsen | Herning Orienteringsklu | 40:30 | |
| 2. | Birgitte Bekkelund | Royken O-lag | 43:16 | +02:46 |
| 3. | Lisbeth Jensen | Ballerup OK | 45:54 | +05:24 |
| 4. | Inger Jensen | FSK Orientering | 49:13 | +08:43 |
| 5. | Anne-Mette Rokkjær | Randers OK | 50:38 | +10:08 |
| 6. | Synnove Dalva | Bö orienteringslag | 50:56 | +10:26 |
| 7. | Lisbeth Møller Nielsen | OK Pan Århus | 53:21 | +12:51 |
| 8. | Marie Krogsgaard | Helsingør SOK | 54:35 | +14:05 |
| 9. | Elise Jevanord | Ringsaker OK | 55:24 | +14:54 |
| 10. | Aase Eg Pedersen | Kolding OK | 55:34 | +15:04 |
| 11. | Bodil Buchtrup Jensen | Aarhus 1900 Orientering | 57:21 | +16:51 |
| | Inger Lise Solberg | Bö orienteringslag | 57:21 | +16:51 |
| 13. | Berit Ebbell Olsen | Stavanger Orienteringsk | 57:43 | +17:13 |
| 14. | Anna Jørgensen | Nordvest OK | 58:25 | +17:55 |
| 15. | Aase Thyssen | Horsens OK | 1:04:43 | +24:13 |
| 16. | Inger Lise Bjordal | Oppsal Orientering | 1:04:55 | +24:25 |
| 17. | Edit Thomsen | OK SYD | 1:05:02 | +24:32 |
| 18. | Ulla Valnert | OK73 | 1:07:34 | +27:04 |
| 19. | Inge Wiborg | OK Esbjerg | 1:13:55 | +33:25 |
| 20. | Else Roesgaard | Nordvest OK | 1:16:22 | +35:52 |
| 21. | Torunn Frovoll | IF Sturla | 1:23:24 | +42:54 |
| 22. | Anne Hultengren | Ballerup OK | 1:26:42 | +46:12 |
| 23. | Birgit Grynderup | Horsens OK | 1:27:15 | +46:45 |
| 24. | Gretha Villadsen | OK H.T.F. | 1:30:04 | +49:34 |
| 25. | Ellen Laustsen | Aarhus 1900 Orientering | 1:37:37 | +57:07 |
| 26. | Jytte Eltang | FSK Orientering | 1:43:59 | +1:03:29 |
| | Lise Flindt Pedersen | OK Pan Århus | Disk. | |

D75A 2,63 km

Startet : 13 Udgået : 0 Disk.: 1

| | | | | |
|-----|---------------------|-------------------------|---------|----------|
| 1. | Inge Madsen | OK73 | 40:51 | |
| 2. | Vivi Arildsen | OK Vendelboerne | 45:10 | +04:19 |
| 3. | Kirsten Truelsen | Ballerup OK | 46:57 | +06:06 |
| 4. | Inger E. Vamnes | Hamar orienteringsklubb | 49:14 | +08:23 |
| 5. | Betty Hansen | OK H.T.F. | 52:07 | +11:16 |
| 6. | Susan Tamberg | Ballerup OK | 55:10 | +14:19 |
| 7. | Hanne Hansen | Køge OK | 55:16 | +14:25 |
| 8. | Randi Sommerstad | Konnerud IL | 57:21 | +16:30 |
| 9. | Alice Hinge | OK Pan Århus | 58:26 | +17:35 |
| 10. | Gudrun Thiger | Linköpings AIK | 1:02:57 | +22:06 |
| 11. | Tove Coops-Pedersen | OK Esbjerg | 1:06:16 | +25:25 |
| 12. | Lenchen Heyder | Lübecker Turnerschaft | 1:48:07 | +1:07:16 |
| | Ester Staffe | OK Sorø | Disk. | |

HBegynder 2,48 km

Startet : 2 Udgået : 0 Disk.: 0

| | | | | |
|----|----------------|------------|-------|--------|
| 1. | Jeppe Fribæk | OK Esbjerg | 17:25 | |
| 2. | Henrik Runholt | Aalborg OK | 18:48 | +01:23 |

H10A 2,48 km

Startet : 19 Udgået : 0 Disk.: 0

| | | | | |
|-----|--------------------------|--------------------------|--------------|--------|
| 1. | Niels Dalgaard | Kolding OK | 13:33 | |
| 2. | Anton Knoll | Bielefelder Turngemeind | 14:20 | +47 |
| 3. | Jussi Bruns | MTK Bad Harzburg | 14:24 | +51 |
| 4. | Jonathan Birk Nielsen | Aalborg OK | 14:44 | +01:11 |
| 5. | Rasmus Berglund | Ringerike o-lag | 14:59 | +01:26 |
| 6. | Sam Griffin | Ganddal IL | 15:10 | +01:37 |
| 7. | Andreas Lind Barfoed | Kolding OK | 15:58 | +02:25 |
| 8. | Tobias Biering | Silkeborg OK | 16:48 | +03:15 |
| 9. | Gustav Kjær Hemmingsen | FIF Hillerød Orientering | 18:23 | +04:50 |
| 10. | Jonas Ellegård Kokholm | Horsens OK | 18:59 | +05:26 |
| 11. | Marius Nyhegn | FIF Hillerød Orientering | 19:37 | +06:04 |
| 12. | Oscar Rytter Larsen | Farum OK | 19:47 | +06:14 |
| 13. | Daniel Mikkelsen | OK Melfar | 21:09 | +07:36 |
| 14. | Daniel S Omfjord | Oddersjaa SSK | 21:41 | +08:08 |
| 15. | Arne Jacob Nystron Olsen | Stavanger Orienteringsk | 23:02 | +09:29 |
| 16. | Philip Flyvholm Leer | Skagen OK og Motion | 25:10 | +11:37 |
| 17. | Jacob Lund Kolenda | Holbæk OK | 28:56 | +15:23 |
| 18. | Mikkel Lüscher | OLK Argus | 29:54 | +16:21 |
| 19. | Christoffer Vang Bobach | Aalborg OK | 44:18 | +30:45 |
| | Mikkel Luscher | OLK Argus | Ikke startet | |

H10B 2,63 km

Startet : 28 Udgået : 0 Disk.: 1

| | | | | |
|-----|------------------------------|--------------------------|---------|--------|
| 1. | Daniel K. Holm | OK GORM | 16:43 | |
| 2. | Lasse Klogborg | OK H.T.F. | 17:16 | +33 |
| 3. | Axel Örnhausen Jørgensen | OK Snab | 18:37 | +01:54 |
| 4. | Eskild Gemmer Hanghøj | Ballerup OK | 19:04 | +02:21 |
| 5. | Lasse Rahbek Thyssen | Horsens OK | 19:06 | +02:23 |
| 6. | Mika Pikutzki | OFV Ostercappeln | 19:08 | +02:25 |
| 7. | Theis Olsen | Mariager Fjord OK | 19:15 | +02:32 |
| 8. | Asbjørn Gemmer Hanghøj | Ballerup OK | 20:00 | +03:17 |
| 9. | Mathias Nyhaug | Asker Skiklubb | 20:53 | +04:10 |
| 10. | Mikkel Stilling Pedersen | St. Binderup OK | 21:15 | +04:32 |
| 11. | Mads Christian Maarup | Allerød OK | 21:41 | +04:58 |
| 12. | Andreas K. Holm | OK GORM | 22:08 | +05:25 |
| 13. | Asbjørn Faber Fenger-Grøn | Silkeborg OK | 22:18 | +05:35 |
| 14. | Lucas Lauterbach Alkjær | FIF Hillerød Orientering | 23:20 | +06:37 |
| 15. | Torbjørn Høyer Staugaard | FIF Hillerød Orientering | 23:21 | +06:38 |
| 16. | Julianus Hastrup Dyrhund | Horsens OK | 23:32 | +06:49 |
| 17. | Markus Emil Thomsen | Holbæk OK | 25:22 | +08:39 |
| 18. | Alfred Schunk | Holbæk OK | 25:30 | +08:47 |
| 19. | August Christensen | Holbæk OK | 25:42 | +08:59 |
| 20. | Gabriel Christensen | Holbæk OK | 25:44 | +09:01 |
| 21. | Christian Skaarup Uhlemann | Kolding OK | 27:42 | +10:59 |
| 22. | Aske Hedemann | Faaborg OK | 27:51 | +11:08 |
| 23. | Silas Ribergaard Skammelsen | OK Pan Århus | 28:40 | +11:57 |
| 24. | Bertil Ribergaard Skammelsen | OK Pan Århus | 29:14 | +12:31 |
| 25. | Tore Emil Maarup | Allerød OK | 36:33 | +19:50 |
| 26. | David Lüthje | Mariager Fjord OK | 50:27 | +33:44 |
| 27. | Christian Houkjær Rolighed | St. Binderup OK | 1:15:00 | +58:17 |
| | Martin G. Dybvik | Stokke IL | Disk. | |

H12A 3,55 km

Startet : 34 Udgået : 2 Disk.: 3

| | | | | |
|-----|--------------------------------|--------------------------|---------|--------|
| 1. | Jacob Klærke Mikkelsen | Horsens OK | 25:02 | |
| 2. | Oscar David Broman Jensen | Allerød OK | 26:16 | +01:14 |
| 3. | Lukas Kjær Hemmingsen | FIF Hillerød Orientering | 27:13 | +02:11 |
| 4. | Erik Hedver Thesbjerg | Horsens OK | 28:44 | +03:42 |
| 5. | Konrad Stamer | Preetzer TSV | 29:29 | +04:27 |
| 6. | Mikkel Berglund | Ringerike o-lag | 29:31 | +04:29 |
| 7. | Jeppe Caspersen | OK Snab | 30:24 | +05:22 |
| 8. | Magnus Andersen | Ballerup OK | 30:31 | +05:29 |
| 9. | Oliver Thorsing Christensen | Faaborg OK | 30:56 | +05:54 |
| 10. | Esben Ø. Pedersen | OK GORM | 31:49 | +06:47 |
| 11. | Søren Møller Skaug | OK Pan Århus | 32:06 | +07:04 |
| 12. | Birk F. Saetnan | Fossum IF | 32:36 | +07:34 |
| 13. | Gustav Vinther Østermark Jense | Kolding OK | 32:37 | +07:35 |
| 14. | Louis H. Jensen | OK H.T.F. | 35:41 | +10:39 |
| 15. | Magnus Fossum | IK Grane Arendal Orient | 36:18 | +11:16 |
| 16. | Jens Dalgaard | Kolding OK | 36:36 | +11:34 |
| 17. | Daniel Damsbo | OK Gorm | 36:40 | +11:38 |
| 18. | Jonas Fonager Ulsøe Johansen | OK Roskilde | 37:40 | +12:38 |
| 19. | Lasse Fenger Vad | Horsens OK | 38:24 | +13:22 |
| 20. | Jonas Gabs Rasmussen | OK Melfar | 40:42 | +15:40 |
| 21. | Tom Buchholz | MTK Bad Harzburg | 40:55 | +15:53 |
| 22. | Aske Johannsen | OK SYD | 41:06 | +16:04 |
| 23. | Christian Ramus | OK FROS | 41:46 | +16:44 |
| 24. | Mikkel Bo Kølbæk | Aarhus 1900 Orientering | 42:13 | +17:11 |
| 25. | Gustav Andresen Skotte | Fossum IF | 42:58 | +17:56 |
| 26. | Samuel Lundsfyrd Jensen | OK Melfar | 44:40 | +19:38 |
| 27. | Mads Mikkelsen | OK Melfar | 46:23 | +21:21 |
| 28. | Rasmus Stilling Pedersen | St. Binderup OK | 48:00 | +22:58 |
| 29. | Lasse Alkjær Eriksen | FIF Hillerød Orientering | 1:16:09 | +51:07 |
| | Anders Krogh Madsen | OK Roskilde | Udg. | |
| | Filip K. Holm | OK GORM | Udg. | |
| | Felix Isaksen | OK Snab | Disk. | |
| | Finn Morten Nolte | TSV Nusse | Disk. | |
| | Jonathan Lind Barfoed | Kolding OK | Disk. | |

H12B 2,95 km

Startet : 6 Udgået : 0 Disk.: 0

| | | | | |
|----|---------------------------|------------|-------|--------|
| 1. | Emil Lehrmann | OK Snab | 15:29 | |
| 2. | Martin Weber Nissen | OK Esbjerg | 17:34 | +02:05 |
| 3. | Kristian Kramers Sørensen | OK Esbjerg | 19:26 | +03:57 |
| 4. | Mathias B Christensen | Odense OK | 20:09 | +04:40 |
| 5. | Jakob Frisgård Pedersen | OK H.T.F. | 24:59 | +09:30 |
| 6. | Jonatan Brøcher | Aalborg OK | 28:46 | +13:17 |

H14A 5,40 km

Startet : 27 Udgået : 0 Disk.: 0

| | | | | |
|-----|---------------------------|--------------------------|--------------|----------|
| 1. | Morten Örnhagen Jørgensen | OK Snab | 32:45 | |
| 2. | Mikkel Holm Nielsen | Horsens OK | 37:53 | +05:08 |
| 3. | Rasmus Krogh Madsen | OK Roskilde | 37:59 | +05:14 |
| 4. | Linus Kristiansson | Trollhättans SOK | 40:13 | +07:28 |
| 5. | Malthe Poulsen | FIF Hillerød Orientering | 40:44 | +07:59 |
| 6. | Søren Eg Staugaard | Kolding OK | 40:45 | +08:00 |
| 7. | Frederik Holm Splittorff | FIF Hillerød Orientering | 40:50 | +08:05 |
| 8. | Malte Kjær Hemmingsen | FIF Hillerød Orientering | 41:35 | +08:50 |
| 9. | Elias Hinge Krogsgaard | Silkeborg OK | 42:48 | +10:03 |
| 10. | Andreas Bock Bjørnsen | OK Pan Århus | 43:32 | +10:47 |
| 11. | Andreas Bagger Hagner | Silkeborg OK | 43:38 | +10:53 |
| 12. | Mikkel Eeg Højholt | Kolding OK | 44:12 | +11:27 |
| 13. | Marko Birk Nielsen | Aalborg OK | 44:20 | +11:35 |
| 14. | Matti Bruns | MTK Bad Harzburg | 46:20 | +13:35 |
| 15. | Jens Kobæk Edsen | Nordvest OK | 47:13 | +14:28 |
| 16. | Peter Modler Hedemann | Faaborg OK | 50:06 | +17:21 |
| 17. | Andreas Alkjær Eriksen | FIF Hillerød Orientering | 52:38 | +19:53 |
| 18. | Jens Kr. V. Petersen | OK GORM | 53:12 | +20:27 |
| 19. | Valentin Kollenbach | Ski-Club Helsa e.V. | 55:03 | +22:18 |
| 20. | Malthe Johannsen | OK SYD | 55:24 | +22:39 |
| 21. | Mathias Finderup Jessen | OK H.T.F. | 57:17 | +24:32 |
| 22. | Nilas Stamer | SV Hildesia Diekholzen | 1:00:39 | +27:54 |
| 23. | Andreas Vestergaard Olsen | FIF Hillerød Orientering | 1:01:56 | +29:11 |
| 24. | Niels Rounkvist Uhlemann | Kolding OK | 1:02:39 | +29:54 |
| 25. | Jonas Emil Fogh | OK Sorø | 1:14:10 | +41:25 |
| 26. | Bjørn Kemp | Svendborg OK | 1:26:52 | +54:07 |
| 27. | Erik Boysen | OK Esbjerg | 1:52:44 | +1:19:59 |
| | Gustav Moll | OK Sorø | Ikke startet | |
| | Mads Bang | OK GORM | Ikke startet | |

H14B 3,53 km

Startet : 7 Udgået : 1 Disk.: 0

| | | | | |
|----|------------------------|------------------------|---------|--------|
| 1. | Christian G. Thorø | OK Esbjerg | 38:07 | |
| 2. | Frederik Svarer | OK Esbjerg | 42:25 | +04:18 |
| 3. | Jakob Weigelt Svendsen | OK Roskilde | 42:50 | +04:43 |
| 4. | Magnus Mørup Jansen | OK Roskilde | 48:02 | +09:55 |
| 5. | Dittmers Leif Leo | SVG Pönitz | 55:51 | +17:44 |
| 6. | Simen Finstad | Orienteringsklubben Mo | 1:21:43 | +43:36 |
| | Lukas Boel | Farum OK | Udg. | |

H16A 8,05 km

Startet : 27 Udgået : 0 Disk.: 4

| | | | | |
|-----|------------------------------|-------------------------|--------------|----------|
| 1. | Oystein Fruseth Christiansen | OL Tonsberg og Omegn | 1:01:14 | |
| 2. | Mathias Gloersen | OL Tonsberg og Omegn | 1:01:41 | +27 |
| 3. | Lukas Liland | Nydalens Skiklub | 1:03:20 | +02:06 |
| 4. | Rasmus Møller Jess | OK Roskilde | 1:03:31 | +02:17 |
| 5. | Per Karlsson | OK Tylöskog | 1:05:54 | +04:40 |
| 6. | Mads Møller Skaug | OK Pan Århus | 1:07:04 | +05:50 |
| 7. | Christian Møller | Aalborg OK | 1:09:39 | +08:25 |
| 8. | Hans V. Petersen | OK GORM | 1:12:36 | +11:22 |
| 9. | Victor Kristensen | OK Snab | 1:17:57 | +16:43 |
| 10. | Niels Boysen | OK Esbjerg | 1:18:07 | +16:53 |
| 11. | Lasse August Helweg | Ballerup OK | 1:19:14 | +18:00 |
| 12. | Casper Thygesen | OK Snab | 1:21:17 | +20:03 |
| 13. | Jakob Maaß | TSV Nusse | 1:23:44 | +22:30 |
| 14. | Mathias Jensen | OK Esbjerg | 1:24:13 | +22:59 |
| 15. | Christoffer Gjøtterup | Faaborg OK | 1:24:45 | +23:31 |
| 16. | Morten Rindom Knudsen | OK Melfar | 1:26:02 | +24:48 |
| 17. | Even Fossum | IK Grane Arendal Orient | 1:29:35 | +28:21 |
| 18. | Rasmus Nygaard Rasmussen | OK Snab | 1:33:18 | +32:04 |
| 19. | Martin Andresen Skotte | Fossum IF | 1:38:54 | +37:40 |
| 20. | Arne Strauß | SV Hildesia Diekholzen | 1:57:04 | +55:50 |
| 21. | Andreas Mikkelsen | Faaborg OK | 1:57:23 | +56:09 |
| 22. | Daniel Nissen Pedersen | Faaborg OK | 2:07:22 | +1:06:08 |
| 23. | Kristian Rosenkjær | Faaborg OK | 2:13:07 | +1:11:53 |
| | Kaare Børsting | Herlufsholm OK | Disk. | |
| | Peter Klogborg | OK H.T.F. | Disk. | |
| | Thomas Blok | OK Snab | Disk. | |
| | William Back Kranker | OK Pan Århus | Disk. | |
| | Niels Bang | OK GORM | Ikke startet | |

H16AK 6,55 km

Startet : 6 Udgået : 0 Disk.: 0

| | | | | |
|----|-------------------------|--------------------|--------------|--------|
| 1. | Felix Drese | OLV Uslar | 1:08:48 | |
| 2. | Arne Schliebener | OLV Uslar | 1:21:09 | +12:21 |
| 3. | Jonathan Ramus | OK FROS | 1:26:57 | +18:09 |
| 4. | Rasmus Slot Fenger-Grøn | OK Snab | 1:42:07 | +33:19 |
| 5. | Mads E Juhl | OK H.T.F. | 1:42:55 | +34:07 |
| 6. | Emil B. Strand | Raumar orientering | 1:52:09 | +43:21 |
| | Sebastian Hansen | Herlufsholm OK | Ikke startet | |

H16B 5,33 km

Startet : 1 Udgået : 0 Disk.: 0

| | | | | |
|----|--------------|-----------|---------|--|
| 1. | Max Hoffmann | TSV Nusse | 1:11:58 | |
|----|--------------|-----------|---------|--|

H18A 9,25 km

Startet : 17 Udgået : 0 Disk.: 1

| | | | | |
|-----|----------------------------|-------------------------|---------|----------|
| 1. | Hakon Fruseth Christiansen | OL Tonsberg og Omegn | 58:49 | |
| 2. | Torkel Reinhartsen | Kristiansand OK | 1:08:39 | +09:50 |
| 3. | Jakob Mollerup Benfeldt | Odense OK | 1:10:16 | +11:27 |
| 4. | Leon Kollenbach | Ski-Club Helsa e.V. | 1:10:54 | +12:05 |
| 5. | Oyvind Wiggen | Byasen IL orientering | 1:15:08 | +16:19 |
| 6. | Alex Heldgaard Kristensen | Herning Orienteringsklu | 1:20:26 | +21:37 |
| 7. | Fabian Ulbrich | TG 1860 Münden | 1:22:16 | +23:27 |
| 8. | Malte Jensen | OK Melfar | 1:22:20 | +23:31 |
| 9. | Jonas Dresel | SC Klecken | 1:22:32 | +23:43 |
| 10. | Anders Lunding Henriksen | Svendborg OK | 1:23:54 | +25:05 |
| 11. | Till Finkenstädt | OLV Uslar | 1:24:46 | +25:57 |
| 12. | Mathias Mønster Jørgensen | Horsens OK | 1:26:56 | +28:07 |
| 13. | Anders Fallesen | Viborg OK | 1:30:15 | +31:26 |
| 14. | Jonas Iversen | Odense OK | 1:33:12 | +34:23 |
| 15. | Jonas Abildgård Poulsen | Aarhus 1900 Orientering | 1:34:50 | +36:01 |
| 16. | Jan Saß | SC Klecken | 3:12:46 | +2:13:57 |
| | Jens Christian Gammeljord | OK Snab | Disk. | |

H20A 10,05 km

Startet : 12 Udgået : 0 Disk.: 0

| | | | | |
|-----|---------------------------|-----------------------|---------|--------|
| 1. | Anders Sommerstad Juveli | Lillomarka o-lag | 1:03:07 | |
| 2. | Tobias Karlsmose Svarer | OK Esbjerg | 1:06:35 | +03:28 |
| 3. | Jan Felix Topp | TSV Worpswede | 1:07:09 | +04:02 |
| 4. | Kristian Blok | OK Snab | 1:12:23 | +09:16 |
| 5. | Viktor Gammeljord | OK Snab | 1:12:52 | +09:45 |
| 6. | Asbjorn Olsen | Loten Orienteringslag | 1:15:22 | +12:15 |
| 7. | Nicklas Mønster Jørgensen | Horsens OK | 1:20:52 | +17:45 |
| 8. | Alvar Penning | TuS Lübbecke | 1:25:19 | +22:12 |
| 9. | Jan Schliebener | OLV Uslar | 1:26:03 | +22:56 |
| 10. | Daniel Purup-Nielsen | Svendborg OK | 1:27:20 | +24:13 |
| 11. | Mathias A. Rasmussen | OK GORM | 1:28:00 | +24:53 |
| 12. | Tor-arve B. Strand | Raumar orientering | 1:30:44 | +27:37 |

H20AM 7,55 km

Startet : 4 Udgået : 0 Disk.: 1

| | | | | |
|----|--------------------------|--------------|---------|--------|
| 1. | Lasse Koefoed Sudergaard | Kildeholm OK | 1:19:25 | |
| 2. | Jakob E Juhl | OK H.T.F. | 1:28:50 | +09:25 |
| 3. | Rasmus Harfot | Horsens OK | 1:30:26 | +11:01 |
| | Rolf Pihl | OK Roskilde | Disk. | |

H20B 5,33 km

Startet : 9 Udgået : 1 Disk.: 0

| | | | | |
|----|-----------------------|-------------------------|--------------|--------|
| 1. | Jaschar Mevius | Lübecker Turnerschaft | 50:32 | |
| 2. | Lars Lehmann | SC Klecken | 54:27 | +03:55 |
| 3. | Morten Coward | Orienteringsklubben Sor | 56:26 | +05:54 |
| 4. | Mikkel Kobberholm | OK West | 1:02:02 | +11:30 |
| 5. | Magnus Olsen | Haslev OK | 1:06:04 | +15:32 |
| 6. | Alexander Weiß | SC Klecken | 1:08:04 | +17:32 |
| 7. | Frederik Erskov Krogh | OK Øst Birkerød | 1:16:08 | +25:36 |
| 8. | Mathias Petersen | Haslev OK | 1:20:13 | +29:41 |
| | Benjamin Schweizer | Lübecker Turnerschaft | Udg. | |
| | Laust Kadziola | Maribo OK | Ikke startet | |

H20C 3,53 km

Startet : 2 Udgået : 0 Disk.: 1

| | | | |
|---------------------|----------------|--------------|--|
| 1. Kevin Jacobsen | Herlufsholm OK | 44:48 | |
| Lisa Marie Ohsoling | TSV Malente OL | Disk. | |
| Rasmus Mørup Jansen | OK Roskilde | Ikke startet | |

H21A 12,20 km

Startet : 23 Udgået : 0 Disk.: 0

| | | | |
|-------------------------------|--------------------------|--------------|----------|
| 1. Henrik Leth Jørgensen | OK Pan Århus | 1:09:37 | |
| 2. Rasmus Søes | Farum OK | 1:10:15 | +38 |
| 3. Christoph Prunsche | TuS Lübbecke | 1:10:44 | +01:07 |
| 4. Jonas Sommerstad Juveli | Lillomarka o-lag | 1:12:51 | +03:14 |
| 5. Martin Laage Kragh | OK Roskilde | 1:13:17 | +03:40 |
| 6. Sören Riechers | Bielefelder Turngemeind | 1:14:24 | +04:47 |
| 7. Henrik Rindom Knudsen | OK Melfar | 1:18:10 | +08:33 |
| 8. Mikkel Lund | Silkeborg OK | 1:19:52 | +10:15 |
| 9. Andreas Mikkelsen Jensen | Søllerød OK | 1:21:17 | +11:40 |
| 10. Giacomo Frattari | OK Pan Århus | 1:25:23 | +15:46 |
| 11. Joachim Stamer | MTK Bad Harzburg | 1:26:13 | +16:36 |
| 12. Ulrik Staugaard | FIF Hillerød Orientering | 1:26:48 | +17:11 |
| 13. Trygve Olsen | NTNUI | 1:26:57 | +17:20 |
| 14. Philipp Dombert | Bielefelder Turngemeind | 1:31:48 | +22:11 |
| 15. Rasmus Lunding Henriksen | OK Pan Århus | 1:38:03 | +28:26 |
| 16. Casper Sørensen | OK Øst Birkerød | 1:39:41 | +30:04 |
| 17. Sune Ribergaard Henriksen | OK Pan Århus | 1:42:04 | +32:27 |
| 18. Christian Duesmann | TuS Lübbecke | 1:44:47 | +35:10 |
| 19. Bastian Dumnitz | OLV Uslar | 1:45:41 | +36:04 |
| 20. Allan Reiche | OK Vendelboerne | 1:47:24 | +37:47 |
| 21. Frode Konst | IL Tyrving | 1:56:38 | +47:01 |
| 22. Hans Christian Falkenberg | Stavanger Orienteringsk | 1:57:14 | +47:37 |
| 23. Peter Friis Østergaard | Lyngby OK | 2:21:24 | +1:11:47 |
| Lars Bukkehave | Søllerød OK | Ikke startet | |
| Thomas Jensen | Tisvilde Hegn OK | Ikke startet | |
| Wilhelm Duits | Preetzer TSV | Ikke startet | |

H21AM 9,25 km

Startet : 28 Udgået : 1 Disk.: 1

| | | | | |
|-----|-----------------------------|-------------------------|---------|--------|
| 1. | Rico Hejlskov Mogensen | St. Binderup OK | 56:49 | |
| 2. | Thomas Vejsnæs | OK Sorø | 1:04:11 | +07:22 |
| 3. | Thomas Bedin | Indre Ostfold OK | 1:04:55 | +08:06 |
| 4. | Thomas Nilsson | Eslövs friluftsklubb | 1:06:40 | +09:51 |
| 5. | Rasmus Iversen | Odense OK | 1:07:44 | +10:55 |
| 6. | Arne Heydorn | OK Roskilde | 1:08:58 | +12:09 |
| 7. | Bjarke Boserup | Aalborg OK | 1:10:29 | +13:40 |
| 8. | Kim Baunehøj Pedersen | OK Roskilde | 1:11:00 | +14:11 |
| 9. | Michael Andersen | OK Roskilde | 1:12:08 | +15:19 |
| 10. | Michael Thygesen | OK Snab | 1:14:21 | +17:32 |
| 11. | Jonas Isaksen | OK Snab | 1:15:03 | +18:14 |
| 12. | Erik Gottfredsen | Hvalsø OK | 1:16:32 | +19:43 |
| 13. | Martin Midtgaard Frich | OK Roskilde | 1:17:00 | +20:11 |
| 14. | Christian Bertel Andersen | Karup OK | 1:17:03 | +20:14 |
| 15. | Christian Sternitzke | TSV Neustadt a. Rbge. | 1:18:23 | +21:34 |
| 16. | Sandro Grasso | Kempische Orientatielop | 1:18:26 | +21:37 |
| 17. | Kaj Isaksen | OK Snab | 1:19:17 | +22:28 |
| 18. | Tim Schröder | Hamburg OL | 1:20:09 | +23:20 |
| 19. | Kristoffer Sloth | Aalborg OK | 1:20:36 | +23:47 |
| 20. | Rasmus Ejlersen | OK SYD | 1:23:00 | +26:11 |
| 21. | Anette Lund | OK GORM | 1:24:48 | +27:59 |
| 22. | David Lajer Juul Kristensen | Faaborg OK | 1:25:46 | +28:57 |
| 23. | Andreas Popp | Aalborg OK | 1:32:00 | +35:11 |
| 24. | Mads Kruse | OK Melfar | 1:32:02 | +35:13 |
| 25. | Morten Vang Jensen | Aalborg OK | 1:38:58 | +42:09 |
| 26. | Thiemo Taurit | Phoenix Lübeck | 1:46:37 | +49:48 |
| | Mikkel Johansen | Aalborg OK | Udg. | |
| | Jens Liengård | OK Snab | Disk. | |

H21AK 7,55 km

Startet : 65 Udgået : 2 Disk.: 0

| | | | | |
|-----|--------------------------|-------------------------|---------|--------|
| 1. | Patrick McGrail | OK Pan Århus | 47:23 | |
| 2. | Chr. Peter MacLassen | Mariager Fjord OK | 47:46 | +23 |
| 3. | Johan MacLassen | OK Pan Århus | 51:10 | +03:47 |
| 4. | Peter Sinding Poulsen | Silkeborg OK | 54:34 | +07:11 |
| 5. | Lennart Rebsdorf | Mariager Fjord OK | 55:23 | +08:00 |
| 6. | Peter Knudsen | OK Melfar | 55:55 | +08:32 |
| | Anders Søndergaard | Søllerød OK | 55:55 | +08:32 |
| 8. | Thomas Skovenborg | OK Pan Århus | 57:38 | +10:15 |
| 9. | André Gautier | Horsens OK | 57:53 | +10:30 |
| 10. | Lasse Korsbæk | St. Binderup OK | 58:11 | +10:48 |
| 11. | Holger V Petersen | OK GORM | 59:36 | +12:13 |
| 12. | Rune Funder | Faaborg OK | 59:59 | +12:36 |
| 13. | Flemming Thyssen | Horsens OK | 1:00:00 | +12:37 |
| 14. | Henrik Bomm Hinge | OK Pan Århus | 1:01:36 | +14:13 |
| 15. | Rasmus Thode Rask | Nordvest OK | 1:02:23 | +15:00 |
| 16. | Morten Nikkel Andersen | Viborg OK | 1:03:56 | +16:33 |
| 17. | Henrik V. Stephansen | OK Esbjerg | 1:04:28 | +17:05 |
| 18. | Søren Brage | OK Melfar | 1:04:40 | +17:17 |
| 19. | Søren Skovrider | Mariager Fjord OK | 1:04:41 | +17:18 |
| 20. | Halvor Hobol | Ostmarka OK | 1:05:35 | +18:12 |
| 21. | Morten Schiøtt | Nordvest OK | 1:05:56 | +18:33 |
| 22. | Lars Eeg Højholt | Kolding OK | 1:06:59 | +19:36 |
| 23. | Kasper Jørgensen | Allerød OK | 1:07:35 | +20:12 |
| 24. | Martin Christensen | Mariager Fjord OK | 1:08:04 | +20:41 |
| 25. | Kristian Buch | Viborg OK | 1:08:14 | +20:51 |
| 26. | Kristian Edsen | Nordvest OK | 1:10:46 | +23:23 |
| 27. | Mads Nordahl Svendsen | OK Roskilde | 1:10:47 | +23:24 |
| 28. | Niels Brage | OK Melfar | 1:11:31 | +24:08 |
| 29. | Jesper Jensen | Farum OK | 1:12:00 | +24:37 |
| 30. | Jeppe Andersen | OK H.T.F. | 1:12:04 | +24:41 |
| 31. | Jacob Laage Kragh | OK Roskilde | 1:12:06 | +24:43 |
| 32. | Mikael Lüthje | Mariager Fjord OK | 1:12:23 | +25:00 |
| 33. | Volker Caspari | OL Team Lippe | 1:13:40 | +26:17 |
| 34. | Anders Jacobsen | Ballerup OK | 1:14:06 | +26:43 |
| 35. | Kasper Skriver | Rønne IK Orientering | 1:17:26 | +30:03 |
| 36. | Bjarke Rasmussen | Mariager Fjord OK | 1:17:31 | +30:08 |
| 37. | Morten Stilling Pedersen | St. Binderup OK | 1:18:08 | +30:45 |
| 38. | Thomas Lindschouw | Herning Orienteringsklu | 1:19:54 | +32:31 |
| 39. | Uffe Rasmussen | Mariager Fjord OK | 1:21:05 | +33:42 |
| 40. | Gustav V. Petersen | OK GORM | 1:22:31 | +35:08 |
| 41. | Michael Houkjær Rolighed | St. Binderup OK | 1:22:35 | +35:12 |
| 42. | Simon Soltek | TSV Neustadt a. Rbge. | 1:23:00 | +35:37 |
| 43. | Martin Hastrup Dyrhund | Horsens OK | 1:23:06 | +35:43 |
| 44. | Jan Kølbbæk | Aarhus 1900 Orientering | 1:23:54 | +36:31 |
| 45. | Lars Strøm Hansen | OK FROS | 1:24:07 | +36:44 |
| 46. | Lars Hetebrügge | TSV Neustadt a. Rbge. | 1:24:12 | +36:49 |

| | | | | |
|-----|-------------------------------|--------------------------|---------|----------|
| 47. | Søren Mikkelsen | OK Melfar | 1:25:58 | +38:35 |
| 48. | Stefan Lean Ingemann Jeppesen | Karup OK | 1:28:28 | +41:05 |
| 49. | Dan True | Mariager Fjord OK | 1:28:47 | +41:24 |
| 50. | Lars Klode | Herning Orienteringsklu | 1:29:00 | +41:37 |
| 51. | Allan Skouboe | Horsens OK | 1:31:03 | +43:40 |
| 52. | Carl Christian Gydesen | OK Melfar | 1:32:22 | +44:59 |
| 53. | Rasmus K. B. Skovsgaard | Viborg OK | 1:34:15 | +46:52 |
| 54. | Søren H Pedersen | Faaborg OK | 1:38:12 | +50:49 |
| 55. | Kim Linde | OK FROS | 1:39:50 | +52:27 |
| 56. | Flemming Christiansen | OK FROS | 1:40:20 | +52:57 |
| 57. | Stig Hansen | OK Melfar | 1:40:33 | +53:10 |
| 58. | Mogens Jensen | Haslev OK | 1:41:39 | +54:16 |
| 59. | Mogens Finderup | OK Pan Århus | 1:44:06 | +56:43 |
| 60. | Niklas Sommerstad | Tyrving IL | 1:46:26 | +59:03 |
| 61. | Malte Schröder | TSV Malente OL | 1:53:05 | +1:05:42 |
| 62. | Morten Mølgaard Nielsen | UF Odense OK | 2:59:08 | +2:11:45 |
| 63. | Rune Nygaard Monrad | FIF Hillerød Orientering | 3:14:52 | +2:27:29 |
| | Anders Gillelanden | OK Pan Århus | Udg. | |
| | Ulrik Hjort Lassen | UF Faaborg OK | Udg. | |

H21B 5,33 km

Startet : 12 Udgået : 0 Disk.: 2

| | | | | |
|-----|-------------------------|--------------------------|--------------|--------|
| 1. | Martin Bjørling Thomsen | Holbæk OK | 53:38 | |
| 2. | Anders Termansen | OK SYD | 53:43 | +05 |
| 3. | Stefan Pedersen | Odense Politis Idrætsfor | 56:03 | +02:25 |
| 4. | Dennis Nielsen | Odense OK | 56:55 | +03:17 |
| 5. | Mads Byfuglien | Synnfjell OK | 57:51 | +04:13 |
| 6. | Benjamin Stockmann | Tisvilde Hegn OK | 1:00:02 | +06:24 |
| 7. | Stephan Steinbock | TSV Malente OL | 1:08:24 | +14:46 |
| 8. | Kim Kristensen | OK H.T.F. | 1:08:38 | +15:00 |
| 9. | Lasse Nielsen | Hvalsø OK | 1:09:05 | +15:27 |
| 10. | Lars Bach | OK Djurs | 1:35:19 | +41:41 |
| | Jesper Hansen Nielsen | Haslev OK | Disk. | |
| | Morten Hallager | Amager OK | Disk. | |
| | Morten Vogelius | Holbæk OK | Ikke startet | |

H21C 3,53 km

Startet : 2 Udgået : 0 Disk.: 0

| | | | | |
|----|--------------------|--------------|-------|--------|
| 1. | Morten Christensen | Faaborg OK | 33:43 | |
| 2. | Knut Bjerknes | Royken O-lag | 38:01 | +04:18 |

H35A 10,85 km

Startet : 13 Udgået : 1 Disk.: 0

| | | | | |
|-----|-------------------|--------------------------|---------|----------|
| 1. | Eike Bruns | MTK Bad Harzburg | 1:18:36 | |
| 2. | Anders Dalgaard | Kolding OK | 1:19:27 | +51 |
| 3. | Martin Busch | OK Snab | 1:24:51 | +06:15 |
| 4. | Simon Rosell Holt | Køge OK | 1:24:55 | +06:19 |
| 5. | Filiep Debaere | Kempische Orientatielop | 1:31:33 | +12:57 |
| 6. | Peter Wihan | Odense Politis Idrætsfor | 1:36:34 | +17:58 |
| 7. | Claus Bobach | Aalborg OK | 1:38:04 | +19:28 |
| 8. | Casper Lindemann | OK Roskilde | 1:39:06 | +20:30 |
| 9. | Uffe Villumsen | OK Snab | 1:40:21 | +21:45 |
| 10. | Bo Rasmussen | Søllerød OK | 1:41:00 | +22:24 |
| 11. | Kim Lindahl | OK Melfar | 1:46:52 | +28:16 |
| 12. | Sune Skousen | OK Melfar | 2:21:12 | +1:02:36 |
| | Juan Hollingbery | Farum OK | Udg. | |

H35B 5,33 km

Startet : 20 Udgået : 0 Disk.: 1

| | | | | |
|-----|-----------------------------|--------------------------|--------------|--------|
| 1. | Per Rune Omfjord | Oddersjaa SSK | 43:00 | |
| 2. | Steen Knuhtsen | Søllerød OK | 46:44 | +03:44 |
| 3. | Palle M. Pedersen | OK H.T.F. | 49:09 | +06:09 |
| 4. | Christian Biering | Silkeborg OK | 54:22 | +11:22 |
| 5. | Peter Thode Loft | Nordvest OK | 54:23 | +11:23 |
| 6. | Jes Nyhegn | FIF Hillerød Orientering | 54:42 | +11:42 |
| 7. | Jesper Kracht | PI-København | 55:04 | +12:04 |
| 8. | Bo Birk Nielsen | Aalborg OK | 57:51 | +14:51 |
| 9. | Peter Olsen | Mariager Fjord OK | 59:27 | +16:27 |
| 10. | Christoph Hemme | TSV Neustadt a. Rbge. | 1:01:44 | +18:44 |
| 11. | Martin F. Jørgensen | Karup OK | 1:01:45 | +18:45 |
| 12. | Arild Nyhaug | Asker Skiklubb | 1:03:00 | +20:00 |
| 13. | Finn Lehrmann | OK Snab | 1:04:04 | +21:04 |
| 14. | Kenneth Dybvik | Stokke IL | 1:04:40 | +21:40 |
| 15. | Trond Finstad | Orienteringsklubben Mo | 1:05:54 | +22:54 |
| 16. | Esben Hjorth Madsen | Silkeborg OK | 1:06:19 | +23:19 |
| 17. | Rune Bro Roin | Søllerød OK | 1:09:28 | +26:28 |
| 18. | Dennis Heldgaard Kristensen | Herning Orienteringsklu | 1:11:09 | +28:09 |
| 19. | Peter Hansen | Herlufsholm OK | 1:29:56 | +46:56 |
| | Sven Buchholz | MTK Bad Harzburg | Disk. | |
| | Jacob Barfoed | Kolding OK | Ikke startet | |

H40A 10,85 km

Startet : 19 Udgået : 0 Disk.: 0

| | | | | |
|-----|------------------------|--------------------------|--------------|--------|
| 1. | Morten Fenger-Grøn | OK Pan Århus | 1:07:57 | |
| 2. | Jesper David Jensen | Tisvilde Hegn OK | 1:08:10 | +13 |
| 3. | Ebbe Møller Nielsen | OK Pan Århus | 1:16:35 | +08:38 |
| 4. | Keld Hinge Krogsgaard | Silkeborg OK | 1:17:13 | +09:16 |
| 5. | Thies Knoll | Bielefelder Turngemeind | 1:20:39 | +12:42 |
| 6. | Christian Stamer | Preetzer TSV | 1:21:52 | +13:55 |
| 7. | Lars Berglund | Ringerike o-lag | 1:22:56 | +14:59 |
| 8. | Jens Struckmann | Braunschweiger MTV | 1:28:15 | +20:18 |
| 9. | Mads Mikkelsen | Horsens OK | 1:29:16 | +21:19 |
| 10. | Kasper Levring | OK Sorø | 1:32:15 | +24:18 |
| 11. | Frederik Schiøtz | Silkeborg OK | 1:32:29 | +24:32 |
| 12. | Knut Jostein Saetnan | Fossum IF | 1:34:14 | +26:17 |
| 13. | Jens Kristian Laursen | OK GORM | 1:36:57 | +29:00 |
| 14. | Didi Lüscher | OLK Argus | 1:38:08 | +30:11 |
| 15. | Hans Renkwitz | OK SYD | 1:41:02 | +33:05 |
| 16. | Allan Thesbjerg | Horsens OK | 1:45:33 | +37:36 |
| 17. | Thomas Herbert Kokholm | Horsens OK | 1:55:14 | +47:17 |
| 18. | Alex Bruun | OK Melfar | 1:57:17 | +49:20 |
| 19. | Bjark Bo Christensen | Holbæk OK | 2:00:35 | +52:38 |
| | Jacob Bang | OK GORM | Ikke startet | |
| | Michael Splittorff | FIF Hillerød Orientering | Ikke startet | |

H45A 10,05 km

Startet : 58 Udgået : 4 Disk.: 1

| | | | | |
|-----|-------------------------|--------------------------|---------|--------|
| 1. | Jens Knud Maarup | Farum OK | 1:01:23 | |
| 2. | Michael Finkenstädt | OLV Uslar | 1:02:02 | +39 |
| 3. | Flemming Jørgensen | OK Snab | 1:06:21 | +04:58 |
| 4. | Jesper Fenger-Grøn | OK Snab | 1:07:06 | +05:43 |
| 5. | Carsten Thyssen | Horsens OK | 1:07:31 | +06:08 |
| 6. | Lars Nielsen | OK Esbjerg | 1:07:54 | +06:31 |
| 7. | Björn Kristiansson | Trollhättans SOK | 1:08:15 | +06:52 |
| 8. | Carsten Gemmer Hanghøj | Ballerup OK | 1:11:11 | +09:48 |
| 9. | Thomas Eriksen | FIF Hillerød Orientering | 1:11:14 | +09:51 |
| 10. | Claus S. Pedersen | Aalborg OK | 1:12:05 | +10:42 |
| 11. | Kenneth Skaug | OK Pan Århus | 1:12:36 | +11:13 |
| 12. | Timothy Griffin | Ganddal IL | 1:14:15 | +12:52 |
| 13. | Alex Ottesen | Ballerup OK | 1:15:23 | +14:00 |
| 14. | Martin Nolte | OLV Uslar | 1:15:32 | +14:09 |
| 15. | Henrik Uhlemann | Kolding OK | 1:15:36 | +14:13 |
| 16. | Arild Andresen | Fossum IF | 1:15:47 | +14:24 |
| | Jørgen Svensen | Karup OK | 1:15:47 | +14:24 |
| 18. | Ole Hansen | Tisvilde Hegn OK | 1:20:09 | +18:46 |
| 19. | Kristian Kærsgaard | OK Sorø | 1:21:07 | +19:44 |
| 20. | Ole Stahlfest Jørgensen | OK GORM | 1:26:09 | +24:46 |
| 21. | Henrik B. Thomsen | OK Esbjerg | 1:26:12 | +24:49 |
| 22. | Bjarne Johannsen | OK SYD | 1:26:37 | +25:14 |
| 23. | Lars Erik Gjein | Sandefjord Orienterings | 1:27:55 | +26:32 |
| 24. | Christian L Rasmussen | Karup OK | 1:29:34 | +28:11 |
| 25. | John Bargmeyer | OK SYD | 1:29:40 | +28:17 |
| 26. | Per Mønster Jørgensen | Horsens OK | 1:30:32 | +29:09 |
| 27. | Thilo Bruns | MTK Bad Harzburg | 1:31:38 | +30:15 |
| 28. | Michael Ertmann | Allerød OK | 1:31:55 | +30:32 |
| 29. | Rudolf Sørensen | OK Esbjerg | 1:32:12 | +30:49 |
| 30. | Uffe Sudergaard | OK Melfar | 1:32:21 | +30:58 |
| 31. | Claus Cederberg | Ballerup OK | 1:35:07 | +33:44 |
| 32. | Kim Birkmose Schmidt | Herning Orienteringsklu | 1:35:37 | +34:14 |
| 33. | Jørgen Krogh | OK Roskilde | 1:35:50 | +34:27 |
| 34. | Dirk Andersson | TSV Malente OL | 1:35:51 | +34:28 |
| 35. | Allan Hougaard | Aarhus 1900 Orientering | 1:36:18 | +34:55 |
| 36. | Matthias Taurit | Phoenix Lübeck | 1:37:39 | +36:16 |
| 37. | Thomas Görtelmeyer | RSV Hannover | 1:37:45 | +36:22 |
| 38. | Anders Tversted | Århus 1900 OK | 1:37:48 | +36:25 |
| 39. | Oystein Wiggen | Byasen IL orientering | 1:37:54 | +36:31 |
| 40. | Espen Fyhn Nilsen | Sandnes IL - Rogaland | 1:38:29 | +37:06 |
| 41. | Per Henning Bjerva | As-UMB Orientering | 1:38:37 | +37:14 |
| 42. | Claus Rytter Larsen | Farum OK | 1:39:59 | +38:36 |
| 43. | Thomas Sørensen | OK Melfar | 1:40:46 | +39:23 |
| 44. | Niels Jensen | OK Esbjerg | 1:41:51 | +40:28 |
| 45. | Thomas Gabs | OK Melfar | 1:48:21 | +46:58 |
| 46. | Flemming Adamsson | Silkeborg OK | 1:49:31 | +48:08 |

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|-----|-----------------------|-------------------------|--------------|----------|
| 47. | Kim Poulsen | Aarhus 1900 Orientering | 1:52:29 | +51:06 |
| 48. | Lars Tykær Jensen | OK H.T.F. | 1:53:20 | +51:57 |
| 49. | Lars Nissen | OK Esbjerg | 1:53:36 | +52:13 |
| 50. | Henrik Visborg Thune | Kildeholm OK | 1:53:53 | +52:30 |
| 51. | Poul Mouritsen | Silkeborg OK | 1:55:09 | +53:46 |
| 52. | Ole Præstgaard | Mariager Fjord OK | 2:04:22 | +1:02:59 |
| 53. | Henrik Mathiesen | Herlufsholm OK | 2:24:02 | +1:22:39 |
| | Bjorn Idar Satran | IF Trauma | Udg. | |
| | Morten Neregaard | Tisvilde Hegn OK | Udg. | |
| | Thomas Hjerrild | OK Pan Århus | Udg. | |
| | Tor Ivar Christiansen | OL Tonsberg og Omegn | Udg. | |
| | Kåre Sørensen | OK Sorø | Disk. | |
| | Jakob Albahn | Tisvilde Hegn OK | Ikke startet | |
| | Kenneth F. Zimmer | Kolding OK | Ikke startet | |
| | Noël Nijsten | Borasca | Ikke startet | |

H45AK 4,95 km

Startet : 53 Udgået : 0 Disk.: 0

| | | | | |
|-----|-------------------------|--------------------------|---------|--------|
| 1. | Mads Vindegaard | FIF Hillerød Orientering | 37:14 | |
| 2. | Karsten Jøhnk | OK SYD | 38:22 | +01:08 |
| 3. | Per Arne Arnesen | Kolbotn & Skimt OL | 39:23 | +02:09 |
| 4. | Arne Thell | Eslövs friluftsklubb | 39:59 | +02:45 |
| 5. | Werner Drese | OLV Uslar | 40:09 | +02:55 |
| 6. | Knud Madsen | OK Sorø | 40:29 | +03:15 |
| 7. | Kell Sønnichsen | OK Pan Århus | 40:55 | +03:41 |
| 8. | Anders Rasmussen | Silkeborg OK | 42:23 | +05:09 |
| 9. | Arne Bertelsen | OK H.T.F. | 43:09 | +05:55 |
| 10. | Allan Baagø | Viborg OK | 44:07 | +06:53 |
| 11. | Morten Jensen | OK Roskilde | 44:32 | +07:18 |
| 12. | Lars Klogborg | OK H.T.F. | 44:39 | +07:25 |
| 13. | Henrik Holm | OK GORM | 44:48 | +07:34 |
| 14. | Stephan Schliebener | OLV Uslar | 45:31 | +08:17 |
| 15. | Klaus Wolsing | Mariager Fjord OK | 46:26 | +09:12 |
| 16. | Peter Kollenbach | Ski-Club Helsa e.V. | 46:44 | +09:30 |
| 17. | Peter Gammeljord | OK Snab | 47:40 | +10:26 |
| 18. | Bo Berthelsen | Ballerup OK | 48:11 | +10:57 |
| 19. | Karl Kristian Hartmeyer | FIF Hillerød Orientering | 48:24 | +11:10 |
| 20. | Franz Thomsen | Randers OK | 49:06 | +11:52 |
| 21. | Steen Holmegaard | OK GORM | 49:25 | +12:11 |
| 22. | Henrik Poulsen | FIF Hillerød Orientering | 49:44 | +12:30 |
| 23. | Jakobl Pedersen | OK SNAB | 49:50 | +12:36 |
| | Kurt Thorøe | OK Esbjerg | 49:50 | +12:36 |
| 25. | Jesper Rene Mortensen | Herlufsholm OK | 50:09 | +12:55 |
| 26. | Jan Sørensen | OK Sorø | 50:15 | +13:01 |
| 27. | Ulrik Revsbech | OK Esbjerg | 50:16 | +13:02 |
| 28. | Ove Petersen | OK SYD | 50:35 | +13:21 |
| 29. | Brian Grøngård | Vestjysk Orienteringsklu | 52:27 | +15:13 |
| 30. | Bernhard Finke | OLV Uslar | 52:51 | +15:37 |
| 31. | Jorgen Nilsen | Sandnes IL - Rogaland | 53:34 | +16:20 |
| 32. | Jan Lottenburger | Kolding OK | 53:37 | +16:23 |
| 33. | Steen Fladberg | Køge OK | 54:03 | +16:49 |
| 34. | Peter Skov Nielsen | OK Snab | 54:34 | +17:20 |
| 35. | John Pedersen | OK Sorø | 55:08 | +17:54 |
| 36. | Finn Arildsen | OK Pan Århus | 56:47 | +19:33 |
| 37. | Erik Purup-Nielsen | Horsens OK | 57:25 | +20:11 |
| 38. | Henrik Nygaard Jensen | OK Snab | 58:40 | +21:26 |
| 39. | Egil Fossum | IK Grane Arendal Orient | 59:07 | +21:53 |
| 40. | Kent Østermark Jensen | Kolding OK | 1:00:01 | +22:47 |
| 41. | Peter Mørup Jansen | OK Roskilde | 1:00:59 | +23:45 |
| 42. | Lars Svarer | OK Esbjerg | 1:01:15 | +24:01 |
| 43. | Thomas A. E. Andersen | Viborg OK | 1:02:59 | +25:45 |
| 44. | Peter Ryberg | Døvania | 1:03:43 | +26:29 |
| 45. | Claus Mikkelsen | OK Sorø | 1:06:44 | +29:30 |
| 46. | Peter Fallesen | Viborg OK | 1:07:29 | +30:15 |

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|-----|-------------------|-----------------------|--------------|----------|
| 47. | Jakob Lyngby | Aalborg OK | 1:09:52 | +32:38 |
| 48. | Peter Krogh | OK Øst Birkerød | 1:10:09 | +32:55 |
| 49. | Anders Boysen | OK Esbjerg | 1:16:52 | +39:38 |
| 50. | Ulrik Lorenzen | OK West | 1:18:44 | +41:30 |
| 51. | Eskil Gotfredsen | Hvalsø OK | 1:20:31 | +43:17 |
| 52. | Svend Tantholdt | OK Øst Birkerød | 1:32:57 | +55:43 |
| 53. | Thomas Nikolajsen | Horsens OK | 1:50:53 | +1:13:39 |
| | Björn Hansen | Lübecker Turnerschaft | Ikke startet | |

H45B 3,68 km

Startet : 10 Udgået : 1 Disk.: 0

| | | | | |
|----|-------------------------|--------------------------|---------|--------|
| 1. | Per Mehl Amby | OK Øst Birkerød | 41:22 | |
| 2. | Morten Andresen | OK Skeidi | 42:06 | +44 |
| 3. | Per Mogensen | Skagen OK og Motion | 44:01 | +02:39 |
| 4. | Gert Olsen | Haslev OK | 52:11 | +10:49 |
| 5. | Jørgen Thomsen | Ballerup OK | 56:43 | +15:21 |
| 6. | Keld S. Mortensen | OK Roskilde | 57:31 | +16:09 |
| 7. | Sten Oivind Bjerke | Larvik Orienteringsklubb | 58:29 | +17:07 |
| 8. | Preben Møller Henriksen | OK Esbjerg | 1:07:40 | +26:18 |
| 9. | Finn Hove | OK SYD | 1:17:57 | +36:35 |
| | Steen Nørhede | Hvalsø OK | Udg. | |

H50A 8,00 km

Startet : 61 Udgået : 0 Disk.: 0

| | | | | |
|-----|-------------------------|-------------------------|---------|--------|
| 1. | Jens Jørgen Hansen | Tisvilde Hegn OK | 58:23 | |
| 2. | Borge Pedersen | Nydalens Skiklub | 59:22 | +59 |
| 3. | Jan Møller | Aalborg OK | 1:00:14 | +01:51 |
| 4. | Onno Verberne | OL Toten-Troll | 1:01:05 | +02:42 |
| 5. | Kent Lodberg | OK Pan Århus | 1:02:25 | +04:02 |
| 6. | Torben Kristensen | OK Snab | 1:02:32 | +04:09 |
| 7. | Bjorn Solbergseter | Austmarka | 1:02:44 | +04:21 |
| 8. | Juha Viena | Ringerike o-lag | 1:03:08 | +04:45 |
| 9. | Bjarne Topp | OK Øst Birkerød | 1:03:16 | +04:53 |
| 10. | Jens Viktor Nørgaard | OK73 | 1:03:51 | +05:28 |
| 11. | Søren Maarup | Kolding OK | 1:04:24 | +06:01 |
| 12. | Anders Edsen | Aarhus 1900 Orientering | 1:06:16 | +07:53 |
| 13. | Ole-Arthur Juveli | Lillomarka o-lag | 1:06:41 | +08:18 |
| 14. | Kent Pihl | OK Roskilde | 1:06:43 | +08:20 |
| 15. | Per Rasmussen | OK H.T.F. | 1:08:23 | +10:00 |
| 16. | Knut Hagen | Byasen IL orientering | 1:09:56 | +11:33 |
| 17. | Jesper Børsting | Herlufsholm OK | 1:10:34 | +12:11 |
| 18. | Terkel Gydesen | OK Melfar | 1:11:29 | +13:06 |
| 19. | Lars Bech Jensen | FSK Orientering | 1:11:46 | +13:23 |
| 20. | Bo Gustavsson | OK Tylöskog | 1:14:06 | +15:43 |
| 21. | Kenn Kristensen | Herning Orienteringsklu | 1:14:11 | +15:48 |
| 22. | Thomas Ullner | OK Djurs | 1:14:45 | +16:22 |
| 23. | Jan Thiesen | Holbæk OK | 1:15:31 | +17:08 |
| 24. | Søren Flytkjær | Aalborg OK | 1:16:07 | +17:44 |
| 25. | Vagn Pedersen | Aarhus 1900 Orientering | 1:16:18 | +17:55 |
| 26. | Claus A. Pedersen | OK Roskilde | 1:16:29 | +18:06 |
| 27. | Henrik Nielsen | Tisvilde Hegn OK | 1:17:54 | +19:31 |
| 28. | Peter Bäcker Hansen | OK Øst Birkerød | 1:19:44 | +21:21 |
| 29. | Jonas Karlsson | OK Tylöskog | 1:20:53 | +22:30 |
| 30. | Lennart Bo Kristiansen | Viborg OK | 1:21:35 | +23:12 |
| 31. | Jens Ozol | Silkeborg OK | 1:21:39 | +23:16 |
| 32. | Michael Termansen | OK SYD | 1:21:41 | +23:18 |
| 33. | Christian Nolte | TSV Nusse | 1:21:51 | +23:28 |
| 34. | Jens Bentsen | OK Øst Birkerød | 1:21:59 | +23:36 |
| 35. | Klaus Mevius | Lübecker Turnerschaft | 1:22:40 | +24:17 |
| 36. | Bendt Bossen | OK H.T.F. | 1:23:24 | +25:01 |
| 37. | Erik Ellegaard Simonsen | OK Øst Birkerød | 1:24:15 | +25:52 |
| 38. | Thorkild Jepsen | OK West | 1:25:08 | +26:45 |
| 39. | Leif Sudergaard | Kildeholm OK | 1:26:01 | +27:38 |
| 40. | Søren Bak | Aalborg OK | 1:27:01 | +28:38 |
| 41. | Ulrik Johansen | OK Pan Århus | 1:27:02 | +28:39 |
| 42. | Jan Hauerslev | OK Pan Århus | 1:27:55 | +29:32 |
| 43. | Thomas Østergaard | OK Øst Birkerød | 1:28:45 | +30:22 |
| 44. | Jan Jakobsen | OK Øst Birkerød | 1:29:09 | +30:46 |
| 45. | Jakob Holm | OK Pan Århus | 1:33:27 | +35:04 |
| 46. | Jens Frandsen | OK Sorø | 1:34:23 | +36:00 |

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|-----|------------------------|-------------------------|--------------|----------|
| 47. | Michael Leth Jess | OK Roskilde | 1:36:07 | +37:44 |
| 48. | Peter H Juhl | OK H.T.F. | 1:37:49 | +39:26 |
| 49. | Kaj Munck | Herlufsholm OK | 1:38:30 | +40:07 |
| 50. | Morten Dahl | OK Pan Århus | 1:38:33 | +40:10 |
| 51. | Martin Ringive | OK GORM | 1:40:07 | +41:44 |
| 52. | Michael W. Nielsen | OK SYD | 1:40:36 | +42:13 |
| 53. | Jan Frederiksen | OK Roskilde | 1:40:51 | +42:28 |
| 54. | Peder Stephansen | OK Esbjerg | 1:41:01 | +42:38 |
| 55. | Uffe Bach | OK Djurs | 1:42:07 | +43:44 |
| 56. | Søren Bertelsen | OK H.T.F. | 1:42:42 | +44:19 |
| 57. | Lars Ozol | Silkeborg OK | 1:45:08 | +46:45 |
| 58. | Elmar Tosch | TuS Lübbecke | 1:46:24 | +48:01 |
| 59. | Niels Nygaard Jensen | OK Snab | 1:47:27 | +49:04 |
| 60. | Per Bovién Christensen | OK West | 1:47:55 | +49:32 |
| 61. | Claus Skovsø Petersen | Hvalsø OK | 2:06:01 | +1:07:38 |
| | Stein Arne Olsen | Stavanger Orienteringsk | Ikke startet | |

H55A 8,05 km

Startet : 67 Udgået : 4 Disk.: 2

| | | | | |
|-----|--------------------------|--------------------------|---------|--------|
| 1. | Mogens Hagner | Silkeborg OK | 1:02:00 | |
| 2. | Ole Gadsbølle | OK Esbjerg | 1:03:55 | +01:55 |
| 3. | Torgeir Strandhagen | Royken O-lag | 1:06:37 | +04:37 |
| 4. | Arnfinn Pedersen | Gjo-Vard o-lag | 1:06:42 | +04:42 |
| 5. | Martin Granly | Lillomarka o-lag | 1:07:27 | +05:27 |
| 6. | Roger Hansen | Royken O-lag | 1:08:22 | +06:22 |
| 7. | Egon Sloth | Aalborg P.I. o-afd. | 1:08:31 | +06:31 |
| 8. | Trond Olsen | Loten Orienteringslag | 1:09:20 | +07:20 |
| 9. | Søren Germann | OK GORM | 1:09:54 | +07:54 |
| 10. | Henning Hansen | Horsens OK | 1:10:50 | +08:50 |
| 11. | Arne Kristensen | Herlufsholm OK | 1:12:08 | +10:08 |
| 12. | Karsten Blok | OK Snab | 1:13:23 | +11:23 |
| 13. | Johan Mattsson | Lillomarka o-lag | 1:13:28 | +11:28 |
| 14. | Mogens Vennevold | Vestjysk Orienteringsklu | 1:14:12 | +12:12 |
| 15. | Uwe Dresel | SC Klecken | 1:14:19 | +12:19 |
| 16. | Peter F Knudsen | OK GORM | 1:14:42 | +12:42 |
| 17. | Morten Karlsen | Maren OK | 1:15:14 | +13:14 |
| 18. | Tor Strand | Raumar orientering | 1:15:49 | +13:49 |
| 19. | Per Korsbæk | St. Binderup OK | 1:17:22 | +15:22 |
| 20. | Hans Jørgen Vad | Horsens OK | 1:17:25 | +15:25 |
| 21. | Søren Dall | OK H.T.F. | 1:18:27 | +16:27 |
| 22. | Stig Barrett | Viborg OK | 1:20:22 | +18:22 |
| 23. | Gregers Jørgensen | Ballerup OK | 1:21:12 | +19:12 |
| 24. | Hans Henrik Juda | Køge OK | 1:21:56 | +19:56 |
| 25. | Jens Christensen | Mariager Fjord OK | 1:22:41 | +20:41 |
| 26. | Lars Edenbrandt | Lunds_OK | 1:23:25 | +21:25 |
| 27. | Lars Frandsen | OK Snab | 1:24:00 | +22:00 |
| 28. | Jørgen Jensen | Skagen OK og Motion | 1:24:02 | +22:02 |
| 29. | Steen Sip Andersen | UF Kolding OK | 1:24:11 | +22:11 |
| 30. | Karel Peeters | Kempische Orientatielop | 1:24:24 | +22:24 |
| 31. | Gert Johannesen | Skive AMOK | 1:27:30 | +25:30 |
| 32. | Jens Peder Jensen | OK H.T.F. | 1:28:00 | +26:00 |
| 33. | Henrik Tølløse | Hvalsø OK | 1:28:50 | +26:50 |
| 34. | Hans Pedersen | Aalborg P.I. o-afd. | 1:29:00 | +27:00 |
| 35. | Klaus Prunsche | TuS Lübbecke | 1:29:42 | +27:42 |
| 36. | Thomas Kragh Christensen | OK Øst Birkerød | 1:30:09 | +28:09 |
| 37. | Tonny Schwærter | OK Esbjerg | 1:30:10 | +28:10 |
| 38. | Gert Bertel | Karup OK | 1:31:10 | +29:10 |
| 39. | Matthias Dittmers | TSV Malente OL | 1:31:24 | +29:24 |
| 40. | Henning Schou | OK Snab | 1:31:33 | +29:33 |
| 41. | Torben Sørensen | Horsens OK | 1:32:28 | +30:28 |
| 42. | Lars Munch | OK Snab | 1:32:56 | +30:56 |
| 43. | Per W. Torgersen | Oddersjaa SSK | 1:33:24 | +31:24 |
| 44. | John Hansen | OK Melfar | 1:33:32 | +31:32 |
| 45. | Søren Søgaard Nielsen | Herning Orienteringsklu | 1:33:48 | +31:48 |
| 46. | Kaj Skov | Skive AMOK | 1:34:12 | +32:12 |

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|-----|-------------------------|-------------------------|--------------|----------|
| 47. | Hans Jochumsen | OK Esbjerg | 1:36:49 | +34:49 |
| 48. | Gert Rebsdorf | Mariager Fjord OK | 1:37:15 | +35:15 |
| 49. | Ole Binder | OK GORM | 1:38:11 | +36:11 |
| 50. | Bent Jensen | Holbæk OK | 1:38:42 | +36:42 |
| 51. | Kjeld Tidemand | Viborg OK | 1:40:12 | +38:12 |
| 52. | Jørgen Bang | OK Esbjerg | 1:40:48 | +38:48 |
| 53. | Tron Solberg | OK Esbjerg | 1:41:15 | +39:15 |
| 54. | Torben Hansen | OK FROS | 1:41:35 | +39:35 |
| 55. | Claus Svarer | Søllerød OK | 1:41:48 | +39:48 |
| 56. | Torben Kristensen | Herlufsholm OK | 1:47:55 | +45:55 |
| 57. | Erik Søgaard | Aarhus 1900 Orientering | 1:52:23 | +50:23 |
| 58. | Niels Aabye | Ballerup OK | 2:00:06 | +58:06 |
| 59. | Svend Erik Skovsgaard | Viborg OK | 2:01:48 | +59:48 |
| 60. | Erik Lyneborg | OK Pan Århus | 2:11:40 | +1:09:40 |
| 61. | Benny Johansen | Karup OK | 2:37:54 | +1:35:54 |
| | Ib Rasmussen | OK S.G. | Udg. | |
| | Johan Claes | Borasca | Udg. | |
| | Knud Jespersen | OK Snab | Udg. | |
| | Lars Olesen | OK FROS | Udg. | |
| | Flemming Vejen | Ballerup OK | Disk. | |
| | Michael Straube | Horsens OK | Disk. | |
| | Jess Rasmussen | Viborg OK | Ikke startet | |
| | John Dalsgaard Sørensen | St. Binderup OK | Ikke startet | |

H55AK 4,05 km

Startet : 44 Udgået : 0 Disk.: 1

| | | | | | |
|-----|------------------------|----|--------------------------|---------|--------|
| 1. | Kasper Ankjær Dinesen | UF | Svendborg OK | 27:25 | |
| 2. | John Hansen | | Kristiansand OK | 29:51 | +02:26 |
| 3. | Magnus Asmussen | UF | Svendborg OK | 35:47 | +08:22 |
| 4. | Ole Søgaard | | Horsens OK | 36:24 | +08:59 |
| 5. | Chris Bagge | | FIF Hillerød Orientering | 40:13 | +12:48 |
| 6. | Jan Sveen | | Raumar orientering | 41:51 | +14:26 |
| 7. | Kaj Jansson | | Randers OK | 43:00 | +15:35 |
| 8. | Henrik Boesen | | OK Roskilde | 43:10 | +15:45 |
| 9. | Fritz Sulzer | | OLG Skandia | 43:37 | +16:12 |
| 10. | Ole Bernth Jensen | | Nordvest OK | 44:11 | +16:46 |
| 11. | Jan Bartnik | | Amager OK | 44:17 | +16:52 |
| 12. | Kim Topp | | Randers OK | 45:13 | +17:48 |
| 13. | Niels Filtenborg | | Skive AMOK | 45:15 | +17:50 |
| 14. | Frode Mogensen | | St. Binderup OK | 45:36 | +18:11 |
| 15. | Morten Johansen | | Orienteringsklubben Mo | 48:25 | +21:00 |
| 16. | Karl Ditlevsen | | Horsens OK | 48:34 | +21:09 |
| 17. | Per Christensen | | Haslev OK | 49:17 | +21:52 |
| 18. | Per Tripax | | OK Roskilde | 49:23 | +21:58 |
| 19. | Gunnar Gjermandsen | | Horsens OK | 49:31 | +22:06 |
| 20. | Steen Baunehøj | | OK Roskilde | 51:00 | +23:35 |
| 21. | Torbjörn Moverf | | OK KOMPASSEN | 51:12 | +23:47 |
| 22. | Bjarne Krogh | | Nordvest OK | 51:13 | +23:48 |
| 23. | Roar Sataberget | | Lunderseter IL | 51:27 | +24:02 |
| 24. | Bo Mikkelsen | | OK Djurs | 51:56 | +24:31 |
| 25. | Michael Hansen | | OK S.G. | 56:07 | +28:42 |
| 26. | Jørn Blom | | Mariager Fjord OK | 56:18 | +28:53 |
| 27. | Tommy Jakobsen | | Horsens OK | 58:17 | +30:52 |
| 28. | Flemming Hjorth Jensen | | Hvalsø OK | 58:27 | +31:02 |
| 29. | Tom Christensen | | OK S.G. | 59:04 | +31:39 |
| 30. | Uwe Andersson | | TSV Malente OL | 59:51 | +32:26 |
| 31. | Reinhard Schröder | | TSV Malente OL | 1:01:17 | +33:52 |
| 32. | Knud Hansen | | Skive AMOK | 1:02:03 | +34:38 |
| 33. | Jan Møller Mikkelsen | | OK Esbjerg | 1:02:25 | +35:00 |
| 34. | Niels G. Hansen | | OK GORM | 1:03:27 | +36:02 |
| 35. | Karl Johan Clemmensen | | St. Binderup OK | 1:04:00 | +36:35 |
| 36. | Hans Jørgen Kobberholm | | OK West | 1:04:09 | +36:44 |
| 37. | Horst Buhmann | | TSV Malente OL | 1:05:00 | +37:35 |
| 38. | Viggo Poulsen | | Skive AMOK | 1:05:04 | +37:39 |
| 39. | Finn Olsen | | OK Roskilde | 1:06:03 | +38:38 |
| 40. | Poul Jørgensen | | OK Pan Århus | 1:06:55 | +39:30 |
| 41. | Søren Gudme | | OK73 | 1:08:10 | +40:45 |
| 42. | Freja Andersen | UF | OK H.T.F. | 1:09:11 | +41:46 |
| 43. | John Abrahamsen | | Stavanger Orienteringsk | 1:18:59 | +51:34 |
| | Stig Andersen | | Herlufsholm OK | Disk. | |

H60A 6,55 km

Startet : 63 Udgået : 2 Disk.: 1

| | | | | |
|-----|-----------------------------|--------------------------|---------|--------|
| 1. | Leif E. Larsen | Tisvilde Hegn OK | 48:59 | |
| 2. | Ken Ragnarsson | OK KOMPASSEN | 49:35 | +36 |
| 3. | Knud Fjordvald | Silkeborg OK | 50:21 | +01:22 |
| 4. | Keld Johnsen | Tisvilde Hegn OK | 50:55 | +01:56 |
| 5. | Arne Nygaard | OK West | 51:34 | +02:35 |
| 6. | Keld Gade | Viborg OK | 53:04 | +04:05 |
| 7. | Steen Frandsen | Viborg OK | 53:47 | +04:48 |
| 8. | Bjorn Alsaker | Stavanger Orienteringsk | 54:20 | +05:21 |
| 9. | Per Chr. Hagen | Bö orienteringslag | 54:59 | +06:00 |
| 10. | Peter Sørensen | PI-København | 55:17 | +06:18 |
| 11. | Aksel Andersen | OK Roskilde | 55:20 | +06:21 |
| 12. | John Knudsen | Nykøbing F. Roklub - Or | 56:48 | +07:49 |
| 13. | Bjarne Christensen | Silkeborg OK | 58:24 | +09:25 |
| 14. | Erik Flarup | Skive AMOK | 58:46 | +09:47 |
| 15. | Søren Munthe | Mariager Fjord OK | 58:57 | +09:58 |
| 16. | Jørgen Jørgensen | Viborg OK | 59:08 | +10:09 |
| 17. | Finn Petersen | OK Roskilde | 1:01:00 | +12:01 |
| 18. | Luc Heuinckx | Kempische Oriëntatielop | 1:01:02 | +12:03 |
| 19. | Flemming Wendelboe | Helsingør SOK | 1:01:07 | +12:08 |
| 20. | Kaj Kaspersen | Herning Orienteringsklu | 1:01:33 | +12:34 |
| 21. | John Holm | OK Pan Århus | 1:01:36 | +12:37 |
| 22. | Jimmy Hoen | Ballerup OK | 1:02:33 | +13:34 |
| 23. | Jørn H. Klausen | OK SYD | 1:03:41 | +14:42 |
| 24. | Arne Moe-Jensen | Viborg OK | 1:03:51 | +14:52 |
| 25. | Keld Abrahamsen | Aarhus 1900 Orientering | 1:04:59 | +16:00 |
| 26. | Frede Rasmussen | Herning Orienteringsklu | 1:05:41 | +16:42 |
| 27. | Stein Coward | Orienteringsklubben Sor | 1:06:07 | +17:08 |
| 28. | Finn Ingwersen | Horsens OK | 1:06:09 | +17:10 |
| 29. | Sven Madsen | OK FROS | 1:08:13 | +19:14 |
| 30. | Christian Gottlieb-Petersen | OK Pan Århus | 1:08:14 | +19:15 |
| 31. | Helge Poulsen | Mariager Fjord OK | 1:08:43 | +19:44 |
| 32. | Stein Turtumoygard | Maren OK | 1:08:58 | +19:59 |
| 33. | Kai Beck-Andersen | Farum OK | 1:09:08 | +20:09 |
| 34. | Kurt Petersen | Odense Politis Idrætsfor | 1:09:33 | +20:34 |
| 35. | Ole Berner | Søllerød OK | 1:09:36 | +20:37 |
| 36. | Peer Straarup | Horsens OK | 1:09:40 | +20:41 |
| 37. | Keld Østergaard | Mariager Fjord OK | 1:12:26 | +23:27 |
| 38. | Henrik Kleffel | Søllerød OK | 1:12:31 | +23:32 |
| 39. | Lars Olsen | OK Roskilde | 1:12:33 | +23:34 |
| 40. | Flemming Sasser | Herning Orienteringsklu | 1:12:47 | +23:48 |
| 41. | Finn Jørgensen | Odense OK | 1:13:36 | +24:37 |
| 42. | Kenneth Wåhlberg | OK Kåre | 1:14:01 | +25:02 |
| 43. | Rene Steenssens | Balise 10 | 1:15:24 | +26:25 |
| 44. | Mogens Nielsen | OK West | 1:15:48 | +26:49 |
| 45. | Svend Erik Bertelsen | OK SYD | 1:16:33 | +27:34 |
| 46. | Henrik Dagsberg | OK Pan Århus | 1:16:40 | +27:41 |

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|-----|-------------------------|-------------------------|---------|----------|
| 47. | Søren Kjær | OK H.T.F. | 1:17:26 | +28:27 |
| 48. | Frede Scheye | Herlufsholm OK | 1:17:40 | +28:41 |
| 49. | Steen Lund | OK Sorø | 1:19:23 | +30:24 |
| 50. | Hans-Ole Jensen | OK Sorø | 1:27:44 | +38:45 |
| 51. | Peter Grunwald | Individuals/No club | 1:28:39 | +39:40 |
| 52. | Jean-Pierre Kellens | Kempische Orientatielop | 1:28:50 | +39:51 |
| 53. | Helmuth Hansen | Herlufsholm OK | 1:32:19 | +43:20 |
| 54. | Henrik W. Kristensen | OK73 | 1:33:11 | +44:12 |
| 55. | Sten Funder | Rønne IK Orientering | 1:35:01 | +46:02 |
| 56. | Mogens Bøgh | Faaborg OK | 1:38:24 | +49:25 |
| 57. | Asbjørn Maintz Andersen | Aarhus 1900 Orientering | 1:44:49 | +55:50 |
| 58. | Leif Egholm Pedersen | Viborg OK | 1:47:59 | +59:00 |
| 59. | Olaf Christensen | Aarhus 1900 Orientering | 2:00:55 | +1:11:56 |
| 60. | Birger Eng | Hvalsø OK | 2:26:37 | +1:37:38 |
| | Ivan Christensen | OK Pan Århus | Udg. | |
| | Johannes Müssen | SuS Vehrte | Udg. | |
| | Peter Wraa | Tisvilde Hegn OK | Disk. | |

H65A 5,50 km

Startet : 92 Udgået : 1 Disk.: 8

| | | | | |
|-----|-------------------------|-------------------------|---------|--------|
| 1. | Finn Ole Jorgensen | IK Grane Arendal Orient | 42:38 | |
| 2. | Janne Brunstedt | OK Roskilde | 43:53 | +01:15 |
| 3. | Leif Sandgren | OK Frosta | 44:03 | +01:25 |
| 4. | Jørgen Münster-Swendsen | Søllerød OK | 48:00 | +05:22 |
| 5. | Gunnar Dag Tora | IK Grane Arendal Orient | 48:04 | +05:26 |
| 6. | Jens Sørensen | OK West | 48:24 | +05:46 |
| 7. | Finn Jørgensen Aaris | OK H.T.F. | 48:36 | +05:58 |
| 8. | Poul Erik Buch | OK GORM | 49:18 | +06:40 |
| 9. | Gorm Jespersen | Aalborg P.I. o-afd. | 49:56 | +07:18 |
| | Hans Christian Strib | OK GORM | 49:56 | +07:18 |
| 11. | John Tripax | OK Roskilde | 50:20 | +07:42 |
| 12. | Ronnie McGrail | Søllerød OK | 50:35 | +07:57 |
| 13. | Karsten Richardt | Køge OK | 52:08 | +09:30 |
| 14. | Per Aaes Christoffersen | Ballerup OK | 52:33 | +09:55 |
| 15. | Per Reidulf Holm | Orienteringsklubben Mo | 52:49 | +10:11 |
| 16. | Poul Bobach | Aalborg OK | 54:27 | +11:49 |
| 17. | Max Hansen | OK Djurs | 54:44 | +12:06 |
| 18. | Albert Nielsen | Odense OK | 54:52 | +12:14 |
| 19. | Torben Jørgensen | Silkeborg OK | 55:05 | +12:27 |
| 20. | Kai Ø. Laursen | Aalborg OK | 55:24 | +12:46 |
| 21. | Oyvind Egeskog | Stavanger Orienteringsk | 56:32 | +13:54 |
| 22. | Niels Erik Kofoed | OK H.T.F. | 56:42 | +14:04 |
| 23. | Torben Jørgensen | Ribe OK | 56:48 | +14:10 |
| 24. | Børge Pedersen | Odense OK | 56:49 | +14:11 |
| 25. | Ulf Mogensen | Aalborg OK | 57:01 | +14:23 |
| 26. | Lars Ole Kopp | Karup OK | 57:12 | +14:34 |
| 27. | Finn Hørup Nielsen | OK Vendelboerne | 58:03 | +15:25 |
| 28. | Hans Bloch | OK Pan Århus | 58:19 | +15:41 |
| 29. | Keld Rasmussen | OK H.T.F. | 58:29 | +15:51 |
| 30. | Eigil Skammelsen | Silkeborg OK | 58:38 | +16:00 |
| 31. | Erling Nielsen | OK West | 58:57 | +16:19 |
| 32. | Svein Glendrange | Stavanger Orienteringsk | 59:47 | +17:09 |
| 33. | Arne Brage | OK Melfar | 59:58 | +17:20 |
| 34. | Niels Landsperg | Tisvilde Hegn OK | 1:00:07 | +17:29 |
| 35. | Hermann P. Jensen | Nordvest OK | 1:00:32 | +17:54 |
| | Ole Christiansen | AKIF | 1:00:32 | +17:54 |
| 37. | Mike Intgroen | KOVZ | 1:00:59 | +18:21 |
| 38. | Kurt Pedersen | Ribe OK | 1:01:00 | +18:22 |
| 39. | Eirik Eriksen | IF Sturla | 1:01:20 | +18:42 |
| 40. | Ole Henriksen | OK West | 1:01:34 | +18:56 |
| 41. | Erik Ljungdahl | Faaborg OK | 1:01:37 | +18:59 |
| 42. | Christian B. Hansen | Kolding OK | 1:02:14 | +19:36 |
| 43. | Erik Løvgren Jensen | Køge OK | 1:02:24 | +19:46 |
| 44. | Per Jessen-Klixbüll | OK Pan Århus | 1:03:05 | +20:27 |
| 45. | Jørn F. Andersen | OK H.T.F. | 1:03:59 | +21:21 |
| 46. | Henning Larsen | Horsens OK | 1:04:00 | +21:22 |

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|-----|----------------------|--------------------------|--------------|----------|
| 47. | Jes Henrik Steen | OK Øst Birkerød | 1:04:05 | +21:27 |
| 48. | Ernst Kläy | OLG Huttwil | 1:04:12 | +21:34 |
| 49. | Claes Göran Green | Malmö OK | 1:05:20 | +22:42 |
| 50. | Louis A. Sørensen | OK Esbjerg | 1:05:24 | +22:46 |
| 51. | Wolfgang Schulz | Odense OK | 1:05:40 | +23:02 |
| 52. | Frants Nielsen | Herning Orienteringsklu | 1:06:58 | +24:20 |
| 53. | Poul Larsen | OK Esbjerg | 1:08:39 | +26:01 |
| 54. | Susanne Knudsen | UF OK Melfar | 1:09:39 | +27:01 |
| 55. | Henrik Hansen | OK Esbjerg | 1:10:09 | +27:31 |
| 56. | Tage V. Andersen | OK Øst Birkerød | 1:10:33 | +27:55 |
| 57. | Ole Husen | Farum OK | 1:11:00 | +28:22 |
| 58. | Ole Christiansen | Farum OK | 1:11:46 | +29:08 |
| 59. | Jim Chalmers | Lyngby OK | 1:11:59 | +29:21 |
| 60. | Karl Aage Hald | FSK Orientering | 1:12:13 | +29:35 |
| 61. | Jørn Andreasen | OK73 | 1:13:08 | +30:30 |
| 62. | Vagn Hansen | OK H.T.F. | 1:13:50 | +31:12 |
| 63. | Niels C. Andersen | Ribe OK | 1:13:53 | +31:15 |
| 64. | Svend Erik Jensen | OK Skærmén Værløse | 1:14:25 | +31:47 |
| 65. | Tom P. Neesgaard | FSK Orientering | 1:15:24 | +32:46 |
| 66. | Robert Simonsen | Lyngby OK | 1:16:33 | +33:55 |
| 67. | Niels Jørgen Iversen | Mariager Fjord OK | 1:17:09 | +34:31 |
| 68. | Ruud Schonewille | Borasca | 1:17:11 | +34:33 |
| 69. | Søren Hviid | OK FROS | 1:19:13 | +36:35 |
| 70. | Palle Kyed | Viborg OK | 1:20:08 | +37:30 |
| 71. | Arild Frank Olsen | Bergens TF | 1:20:17 | +37:39 |
| 72. | Knud Lykking | OK73 | 1:20:27 | +37:49 |
| 73. | Mogens Jørgensen | Søllerød OK | 1:21:55 | +39:17 |
| 74. | Knud Christensen | OK Esbjerg | 1:23:29 | +40:51 |
| 75. | Niels Tulinus | OK S.G. | 1:24:33 | +41:55 |
| 76. | Peter Sølling | OK FROS | 1:25:36 | +42:58 |
| 77. | Frede Jacobsen | OK SYD | 1:25:56 | +43:18 |
| 78. | Niels Henrik Olesen | Vestjysk Orienteringsklu | 1:39:53 | +57:15 |
| 79. | Erik Lohse | OK Øst Birkerød | 1:40:39 | +58:01 |
| 80. | Hans Frederiksen | IF Flyvestation Skrydstr | 1:44:23 | +1:01:45 |
| 81. | Vinzenz Kneisl | OL Brütten | 1:46:47 | +1:04:09 |
| 82. | Henrik Krag-Jensen | Søllerød OK | 1:49:00 | +1:06:22 |
| 83. | Ole Jørgensen | Aarhus 1900 Orientering | 1:49:30 | +1:06:52 |
| | Lasse Schnack | OK Øst Birkerød | Udg. | |
| | Arne Lande | Bö orienteringslag | Disk. | |
| | Carl Malling | Randers OK | Disk. | |
| | Claus Faber | Silkeborg OK | Disk. | |
| | Flemming D. Andersen | OK H.T.F. | Disk. | |
| | Jakob Kloverod | Porsgrunn Orienteringskl | Disk. | |
| | Ole Bøggild | OK Roskilde | Disk. | |
| | Tage Baun | Horsens OK | Disk. | |
| | Villy Møller Hansen | OK Esbjerg | Disk. | |
| | Per Christensen | OK Esbjerg | Ikke startet | |
| | Poul A. Christensen | OK Snab | Ikke startet | |
| | Troels Jensen | Horsens OK | Ikke startet | |

H70A 4,48 km

Startet : 59 Udgået : 0 Disk.: 5

| | | | | |
|-----|-----------------------|--------------------------|---------|--------|
| 1. | Aage Damsgaard | FIF Hillerød Orientering | 38:18 | |
| 2. | Arne Grøndahl | Søllerød OK | 39:21 | +01:03 |
| 3. | Leif Hansen | Nordvest OK | 42:38 | +04:20 |
| 4. | Roar Bjordal | Oppsal Orientering | 43:54 | +05:36 |
| 5. | Jørn Thomsen | Kolding OK | 43:56 | +05:38 |
| 6. | Mogens Hansen | OK Skærmen Værløse | 44:34 | +06:16 |
| 7. | Flemming Nørgaard | OK Pan Århus | 45:27 | +07:09 |
| 8. | Mogens E. Thomsen | OK SYD | 45:42 | +07:24 |
| 9. | Finn Søndergaard | Randers OK | 46:13 | +07:55 |
| 10. | Bjorn W. Ludvigsen | IF Sturla | 46:19 | +08:01 |
| 11. | Bjarne Pedersen | OK Roskilde | 46:24 | +08:06 |
| 12. | Per Oeystein Andersen | Larvik Orienteringsklubb | 46:47 | +08:29 |
| 13. | Gert Bøgevig | Søllerød OK | 47:07 | +08:49 |
| 14. | Poul Nøhr | Silkeborg OK | 48:21 | +10:03 |
| 15. | Kaare Vindfeld | OK S.G. | 49:27 | +11:09 |
| 16. | Seppo Kettunen | Rasti-Jyry | 50:00 | +11:42 |
| 17. | Erland Skøt | OK H.T.F. | 50:11 | +11:53 |
| 18. | Niels Lyhne | Herlufsholm OK | 50:50 | +12:32 |
| 19. | Thomas Søes | Farum OK | 50:55 | +12:37 |
| 20. | Kaj Ove Rasmussen | OK H.T.F. | 51:32 | +13:14 |
| 21. | Jørgen Thyssen | Horsens OK | 54:00 | +15:42 |
| 22. | Finn Hother Madsen | OK Pan Århus | 54:08 | +15:50 |
| 23. | Ole Johan Vangen | Hamar orienteringsklubb | 54:17 | +15:59 |
| 24. | Per Lind Jensen | Aarhus 1900 Orientering | 54:44 | +16:26 |
| 25. | Lars Martin Gjein | Stokke IL | 54:56 | +16:38 |
| 26. | Jens Asserbo | Herlufsholm OK | 55:46 | +17:28 |
| 27. | Lars Ole Larsen | Silkeborg OK | 55:49 | +17:31 |
| 28. | Tage Frydendal | Holbæk OK | 56:00 | +17:42 |
| 29. | Hans Petter Jevanord | Ringsaker OK | 56:14 | +17:56 |
| 30. | Henning Olesen | Nordvest OK | 57:01 | +18:43 |
| 31. | Erik Anders Jensen | Silkeborg OK | 57:14 | +18:56 |
| 32. | Thor Edvardsen | Larvik Orienteringsklubb | 57:34 | +19:16 |
| 33. | Arne Pedersen | Mariager Fjord OK | 58:53 | +20:35 |
| 34. | Børge Rahbæk Madsen | OK Esbjerg | 59:00 | +20:42 |
| 35. | Knut Lindlov | Orienteringsklubben Mo | 59:41 | +21:23 |
| 36. | Harald Brekke | Hamar orienteringsklubb | 59:52 | +21:34 |
| 37. | Olav Solberg | Bö orienteringslag | 1:00:38 | +22:20 |
| 38. | Eric Gautier | Søllerød OK | 1:02:55 | +24:37 |
| 39. | Erik Bach Sørensen | Kildeholm OK | 1:03:25 | +25:07 |
| 40. | Ole F. Thomsen | OK Vendelboerne | 1:04:16 | +25:58 |
| 41. | K E Thomsen | Svendborg OK | 1:04:17 | +25:59 |
| 42. | Kai Hansen | OK Djurs | 1:07:09 | +28:51 |
| 43. | Kare Ostgard | OL Vallset/Stange | 1:11:02 | +32:44 |
| 44. | Mogens Jensen | Holbæk OK | 1:11:50 | +33:32 |
| 45. | Thore Eilertsen | OL Tonsberg og Omegn | 1:14:02 | +35:44 |
| 46. | Finn Grynderup | Horsens OK | 1:15:08 | +36:50 |

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|-----|----------------------|--------------------------|--------------|--------|
| 47. | Finn Hultengren | Ballerup OK | 1:16:13 | +37:55 |
| 48. | Harvy Ilsøe | Horsens OK | 1:16:22 | +38:04 |
| 49. | Jens Roesgaard | Nordvest OK | 1:17:01 | +38:43 |
| 50. | Uwe Dühning | TSV Malente OL | 1:17:28 | +39:10 |
| 51. | Ingar Finstad | Orienteringsklubben Mo | 1:17:53 | +39:35 |
| 52. | Ole Kirkegaard | OK Esbjerg | 1:22:43 | +44:25 |
| 53. | Svend Aage Sørensen | Horsens OK | 1:23:53 | +45:35 |
| 54. | Bjoern Jakobsen | Orienteringsklubben Mo | 1:29:17 | +50:59 |
| | Egon Neregaard | Tisvilde Hegn OK | Disk. | |
| | Frank Finkenstädt | OLV Uslar | Disk. | |
| | Hans Jørgen Simonsen | OK Pan Århus | Disk. | |
| | Ole Svendsen | OK Roskilde | Disk. | |
| | Per F. Henriksen | OK H.T.F. | Disk. | |
| | Hans Nielsen | OK H.T.F. | Ikke startet | |
| | Leo Mathiesen | FIF Hillerød Orientering | Ikke startet | |

H75A 3,88 km

Startet : 26 Udgået : 1 Disk.: 2

| | | | | |
|-----|------------------------|--------------------------|--------------|--------|
| 1. | Knud Sørensen | OK Pan Århus | 35:59 | |
| 2. | Bendt Frandsen | Farum OK | 39:46 | +03:47 |
| 3. | Henning Løwenstein | FIF Hillerød Orientering | 44:00 | +08:01 |
| 4. | Peo Bengtsson | OK Pan Kristianstad | 44:33 | +08:34 |
| 5. | Niels J. Møller Hansen | Kolding OK | 46:16 | +10:17 |
| 6. | Asger Kristensen | Herning Orienteringsklu | 47:21 | +11:22 |
| 7. | Preben Christiansen | Odense OK | 47:42 | +11:43 |
| 8. | Govert Heede | Ballerup OK | 50:24 | +14:25 |
| 9. | Karsten Hinge | OK Pan Århus | 52:23 | +16:24 |
| 10. | Elling Frovoll | IF Sturla | 52:34 | +16:35 |
| 11. | Holger Karlsmose | Farum OK | 52:47 | +16:48 |
| 12. | Gunnar Tamberg | Ballerup OK | 55:00 | +19:01 |
| 13. | Evald Laustsen | Aarhus 1900 Orientering | 55:24 | +19:25 |
| 14. | Bent Jacobsen | Kolding OK | 57:33 | +21:34 |
| 15. | Vagn Lidegaard | Mariager Fjord OK | 58:35 | +22:36 |
| 16. | Erling Hansen | Køge OK | 59:33 | +23:34 |
| 17. | Ole Rokkjær | Randers OK | 59:45 | +23:46 |
| 18. | Bent Schou | Odense Politis Idrætsfor | 1:01:40 | +25:41 |
| 19. | Keld B. Nielsen | OK H.T.F. | 1:03:27 | +27:28 |
| 20. | Sune Frederiksen | Hvalsø OK | 1:03:57 | +27:58 |
| 21. | Mogens Køhler | Ballerup OK | 1:06:16 | +30:17 |
| 22. | Gunner Christiansen | Odense Politis Idrætsfor | 1:06:41 | +30:42 |
| 23. | Helge Halvorsen | Larvik Orienteringsklubb | 1:09:26 | +33:27 |
| | Gert Pedersen | OK Roskilde | Udg. | |
| | Arne Lock | Herning Orienteringsklu | Disk. | |
| | Henning Jørgensen | Nordvest OK | Disk. | |
| | Jack Skrydstrup | Kolding OK | Ikke startet | |

H80A 3,45 km

Startet : 12 Udgået : 0 Disk.: 0

| | | | | |
|-----|----------------------|-----------------------|---------|--------|
| 1. | Palle Bay | Køge OK | 46:24 | |
| 2. | Svend Brøns Petersen | OK Vendelboerne | 48:41 | +02:17 |
| 3. | Bent Børsting | Herlufsholm OK | 49:28 | +03:04 |
| 4. | Horst Mevius | Lübecker Turnerschaft | 50:33 | +04:09 |
| 5. | Carleric Thiger | Linköpings AIK | 52:41 | +06:17 |
| 6. | Peter Arildsen | OK Vendelboerne | 53:24 | +07:00 |
| 7. | Terje Sommerstad | Konnerud IL | 58:55 | +12:31 |
| 8. | Bjørn Mømsen | Silkeborg OK | 1:03:57 | +17:33 |
| 9. | Jakob Ravn | Horsens OK | 1:05:40 | +19:16 |
| 10. | Svend Fladberg | Køge OK | 1:08:33 | +22:09 |
| 11. | Rudolf Taurit | Phoenix Lübeck | 1:25:02 | +38:38 |
| 12. | Horst Heyder | Lübecker Turnerschaft | 1:25:05 | +38:41 |

H85A 2,63 km

Startet : 2 Udgået : 0 Disk.: 0

| | | | | |
|----|-----------------|--------------|---------|--------|
| 1. | Kurt Dose | Køge OK | 42:36 | |
| 2. | Magne Bekkelund | Royken O-lag | 1:35:41 | +53:05 |