



INSTRUCTION

Driving instructions	<p>1st stage The event centre is located on a field at Sollerupvej in the northern end of the forest(s). Markings on Route 8, Rewentlowsvej in Korinth and on Route 43, Odensevej, at Sollerupvej.</p> <p>The event centre opens at 9 am.</p> <p>2nd stage The event centre is located on a field just south of Krengerup Manor. Markings on route 329 (Bogensevej) north of Vedtofte and on route 168 (Assensvej) east of Bregnemose. <u>Please observe that Krengerupvej is blocked from Vestfyns Golfclub until Nårupvej north of Krengerup Manor during the entire competition. It is therefore not possible to drive through the forest from Glamsbjerg along Krengerupvej to the event centre !!!</u></p> <p>The event centre opens at 9 am.</p> <p>3rd stage The event centre is located on a field east of Holstenshuus Gardens. Marking from the roundabout where route A8 and route 43 are crossing. Also marking from route 44 west of Åstrup, through Katterød. <u>One of these alternatives must be on grounds of traffic in connection with the event centre.</u></p> <p>The event centre opens at 8 am.</p>			
Outline of facilities	An outline of facilities at the Event Centres can be seen on separate maps that can be found on the homepage of the Easter Race			
Distances	<p>1. stage Parking – Event centre, max 650 m Event centre – start, max 500 m</p> <p>2. stage Parking – Event centre, max. 500 m Event centre – start, (start 1: app. 900 m, start 2: app. 700 m)</p> <p>3. stage Parking – Event centre, 700 m Event centre – start, 350 m På alle etaper er der følgende afmærkninger:</p> <p>Parking – event centre: Red/white marking Event centre - Start 1: Blue marking Event centre - Start 2: Black/yellow marking</p>			
Classes	Course lengths /number of controls			
		1 st stage	2 nd stage	3 rd stageWat
W Beginner	2,5 km/15 controls	2,8 km/15 controls	2,7 km/14 controls	
W -10	2,5 km/15 controls	2,8 km/15 controls	2,7 km/14 controls	
W -10B	2,6 km/17 controls	2,8 km/15 controls	2,4 km/13 controls	
W -12	3,6 km/18 controls	3,6 km/18 controls	3,3 km/15 controls	
W -12B	3,0 km/16 controls	2,8 km/15 controls	2,6 km/13 controls	
W -14	5,3 km/21 controls	4,3 km/17 controls	4,2 km/17 controls	
W -14B	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls	
W -16	6,6 km/22 controls	5,4 km/20 controls	5,0 km/21 controls	
W -16AK	5,0 km/16 controls	4,2 km/17 controls	3,9 km/17 controls	

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W -16B	4,6 km/20 controls	4,1 km/19 controls	4,1 km/16 controls
W -18	6,6 km/22 controls	5,2 km/20 controls	4,9 km/21 controls
W -20	7,6 km/25 controls	5,7 km/21 controls	5,5 km/20 controls
W -20AK	5,4 km/17 controls	4,6 km/16 controls	4,3 km/19 controls
W -20B	4,6 km/20 controls	4,1 km/19 controls	4,1 km/16 controls
W -20C	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls
W 21-	8,0 km/26 controls	6,4 km/21 controls	6,5 km/22 controls
W -21AM	6,6 km/22 controls	5,2 km/20 controls	4,9 km/21 controls
W -21AK	5,4 km/17 controls	4,6 km/16 controls	4,3 km/19 controls
W 21-B	4,6 km/20 controls	4,1 km/19 controls	4,1 km/16 controls
W 21-C	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls
W 35-	7,6 km/25 controls	5,7 km/21 controls	5,5 km/20 controls
W 35-B	4,6 km/20 controls	4,1 km/19 controls	4,1 km/16 controls
W 40-	6,6 km/22 controls	5,2 km/20 controls	4,9 km/21 controls
W 45-	6,6 km/22 controls	5,2 km/20 controls	4,9 km/21 controls
W 45AK	3,9 km/12 controls	3,5 km/14 controls	3,2 km/14 controls
W 45-B	3,7 km/14 controls	3,9 km/18 controls	3,2 km/13 controls
W 50-	4,5 km/14 controls	4,2 km/16 controls	4,0 km/18 controls
W 55-	5,0 km/16 controls	4,2 km/17 controls	3,8 km/17 controls
W 55AK	3,5 km/12 controls	3,0 km/13 controls	2,4 km/13 controls
W 60-	4,1 km/14 controls	3,7 km/15 controls	3,3 km/15 controls
W 65-	3,9 km/12 controls	3,5 km/14 controls	3,2 km/14 controls
W 70-	3,5 km/12 controls	3,0 km/13 controls	2,4 km/13 controls
W 75-	2,6 km/15 controls	2,4 km/13 controls	2,0 km/13 controls
W 80-	2,6 km/15 controls	2,4 km/13 controls	2,0 km/13 controls
M Beginner	2,5 km/15 controls	2,8 km/15 controls	2,7 km/14 controls
M -10	2,5 km/15 controls	2,8 km/15 controls	2,7 km/14 controls
M -10B	2,6 km/17 controls	2,8 km/15 controls	2,4 km/13 controls
M -12	3,6 km/18 controls	3,6 km/18 controls	3,3 km/15 controls
M -12B	3,0 km/16 controls	2,8 km/15 controls	2,6 km/13 controls
M -14	5,4 km/24 controls	4,8 km/19 controls	4,4 km/17 controls
M -14B	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls
M -16	8,1 km/28 controls	6,2 km/19 controls	6,3 km/20 controls
M -16AK	6,6 km/22 controls	5,4 km/20 controls	5,0 km/21 controls
M -16B	5,3 km/21 controls	4,3 km/17 controls	4,2 km/17 controls
M -18	9,3 km/30 controls	7,7 km/25 controls	7,5 km/23 controls
M -20	10,1 km/28 control	8,0 km/25 controls	7,6 km/25 controls
M -20AM	7,6 km/25 controls	5,7 km/21 controls	5,5 km/20 controls
M -20B	5,3 km/21 controls	4,3 km/17 controls	4,2 km/17 controls
M -20C	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls
M 21-	12,2 km/31 control	10,8 km/33 control	9,6 km/30 controls
M 21-AM	9,3 km/30 controls	7,7 km/25 controls	7,5 km/23 controls
M 21-AK	7,6 km/25 controls	5,7 km/21 controls	5,5 km/20 controls
M 21-B	5,3 km/21 controls	4,3 km/17 controls	4,2 km/17 controls
M 21-C	3,5 km/18 controls	3,6 km/19 controls	3,8 km/17 controls
M 35-	10,9 km/31 control	8,8 km/27 controls	8,2 km/28 controls
M 35-B	5,3 km/21 controls	4,3 km/17 controls	4,2 km/17 controls
M 40-	10,9 km/31 control	8,8 km/27 controls	8,2 km/28 controls
M 45-	10,1 km/28 control	8,0 km/25 controls	7,6 km/25 controls
M 45B	3,7 km/14 controls	3,9 km/18 controls	3,2 km/13 controls



	<p>M 45-AK 5,0 km/16 controls</p> <p>M 50- 8,0 km/26 controls</p> <p>M 55- 8,1 km/28 controls</p> <p>M 55-AK 4,1 km/14 controls</p> <p>M 60- 6,6 km/22 controls</p> <p>M 65- 5,5 km/18 controls</p> <p>M 70- 4,5 km/14 controls</p> <p>M 75- 3,9 km/12 controls</p> <p>M 80- 3,5 km/12 controls</p> <p>M 85- 2,6 km/15 controls</p>	<p>4,2 km/17 controls</p> <p>6,4 km/21 controls</p> <p>6,2 km/19 controls</p> <p>3,7 km/15 controls</p> <p>5,4 km/20 controls</p> <p>4,5 km/17 controls</p> <p>4,2 km/16 controls</p> <p>3,5 km/14 controls</p> <p>3,0 km/13 controls</p> <p>2,4 km/13 controls</p>	<p>3,9 km/17 controls</p> <p>6,5 km/22 controls</p> <p>6,3 km/20 controls</p> <p>3,3 km/15 controls</p> <p>5,0 km/21 controls</p> <p>4,2 km/16 controls</p> <p>4,0 km/18 controls</p> <p>3,2 km/14 controls</p> <p>2,4 km/13 controls</p> <p>2,0 km/13 controls</p>
	<p>On all stages there are unmanned radiocontrols (wireless online controls). In case of technical problems these controls may be manned. The unmanned radiocontrols are marked as radiocontrols in the control descriptions.</p> <p>Water depots are partly placed at controls, partly at obligatory crossings. Water depots placed at controls are shown on the control descriptions. Water depots places at obligatory crossings are shown on the maps.</p> <p>1st stage: There are one or more water depots on Courses 1-9 and 11.</p> <p>2nd stage: There are 2 water depots on courses 1-6</p> <p>3rd stage: There is a water depot on the Courses 1-9 and 12-13. The courses 1-6 will furthermore pass an extra water depot on a natural route choice. This depot will be shown on the map.</p>		
Classes/courses	A separate list of classes and corresponding courses can be seen on the homepage.		
Timing and control	<p>Emit electronic timing and control system is used.</p> <p>Rented cards will be handed out in club bags at the Event office on stage 1.</p> <p>Back-up cards for Stage 1 and 2 will also be in the club bags on Stage 1. Back-up cards for Stage 3 will be handed out clubwise at the Event office on Stage 3.</p>		
Race maps	<p>All maps are 1:10.000 with contour interval 2,5 m.</p> <p>All maps are drawn using COWI base maps. All maps are revised in autumn/winter 2013 – 2014.</p> <p>All maps have been given the DOF quality approval.</p> <p>All maps are printed on water- and tear-resistant paper.</p> <p>In general the forests are very marked by windfalls. There have been and are continuous clearances, also up to the actual races. There may therefore be newly made clearances and tracks that are not shown on the maps. Generally reduced runnability in a major area due to windfalls are shown by normal signatures for runnability. Single windfalls are in general not shown on the maps.</p> <p>On stage 1 there are several stone walls (dikes). These may all be passed, but with care. The longer courses cross fences for cattle in the forest. During the race the cattle will be outside the competition area. The fences have 3 live wires that all can be passed over or under, if you do not choose to use the gates or cattle gratings. Gates and cattle gratings are shown on the map.</p> <p>On stage 2 there is an obligatory crossing for all classes starting from Start 1.</p>		



	<p>The obligatory crossing is shown on the map and with marking in the terrain. The marking must be followed unconditionally, otherwise it will lead to disqualification.</p> <p>On stage 3 there are two stonewalls (dikes) På 3. etape er der to diger, som ikke må passeres. De er markeret på løbskortet med en rød linje og i terrænet med rød/hvid afmærkning.</p> <p>All forbidden areas are shown on the maps with vertical hatching (lines) in purple colours.</p>
Control descriptions	<p>Control descriptions are printed on the front of the maps. There will be loose control descriptions at the start.</p> <p>On both stage 1 and 2 there are areas in the forest where the controls are very close to each other. Check control numbers.</p>
Start	<p><u>Please be aware that not all classes have the same start (start 1 or 2) on all 3 stages. Check your start number for each stage carefully.</u></p> <p>Starting procedure for Stage 1 and 2 The starting procedure begins 4 minutes before starting time. It is a silent start. When the clock in the waiting area shows your starting time, you step into the first starting box.</p> <p><u>Starting box 1 (4 minutes before start):</u> The starting people check if you have the right starting time</p> <p><u>Starting box 2 (3 minutes before start):</u> Loose control descriptions are offered runners who have a holder for them.</p> <p><u>Starting box 3 (2 minutes before start):</u> Runners on beginner's and easy courses (22,23,24,25,26) get their race map and are offered help with the start if they want it</p> <p><u>Starting box 4 (1 minute before start):</u> Help with the start will be offered runners on beginner's and easy courses (22,23,24,25,26). For other courses the maps will be lying in boxes marked with course and classes.</p> <p>Runners may not put cards back in the boxes; this must be done the starting people.</p> <p><u>Late starters</u> Runners who are late for their starting time must report to the starting people, who will help with getting started properly.</p> <p>Chase Start Stage 3 will be held as a chase start for all courses, apart from courses with the difficulty Green or White: (courses 22,23,24,25,26). Here it will be normal starting procedure all 3 days.</p> <p>The starting procedure begins 10 minutes before starting time. <u>Make sure you have got your backup card from the clubbag that will be handed out in the Event office.</u> When the clock in the starting area shows your starting time, you step into the starting box.</p>



	<p>The start people check that the runner's starting time is correct. When it has been checked, runners who have holders for loose control descriptions may take one for their course/class.</p> <p>Then the runners pass on to the starting passage where they will be lined up chronologically according to their starting time. The starting people will help with this.</p> <p>Clearing units for emptying the EMIT-card can be found along the way in starting passage.</p> <p>3 minutes before starting time all runners are registered. The order must be kept all the way towards the starting line.</p> <p>The runners will not take their maps until they are out of the starting passage. Remember to check that you have taken the right map.</p> <p>Runners may not put cards back in the boxes; this must be done the starting people.</p> <p><u>Late starters</u> Runners who are late for their starting time must report to the starting people, who will help with getting started properly.</p>
Starting times and lists	<p>On stage 1 the first start is at 11 am. On stage 2 and 3 the first start is at 10 am. Startlists for Stage 1 and 2 can be seen on the Easter race homepage.</p> <p>On stage 3 there is a chase start for all competitors that are less than 1 hour after the class leader after the two first stages. An outline of the first start (fixed class-times) can be found on the homepage. Complete start lists for stage 3 will be published on the homepage on April 18 at 20:30 at the latest.</p> <p>In classes with the difficulty Green and White there will be put-and-run between 11.00 and 14.00 on stage 1, between 10.00 and 13.00 on stages 2 and 3. There will be no chase start on stage 3 in these classes</p>
Brystnumre	<p>On stage 1 and 2 the following classes should wear number bibs: M/W 14A, M/W 16A, M/W 18A, M/W 20A and M/W 21A. Number bibs will be handed out in the club bags at the Event office on Stage 1. The individual number can be seen on the start list.</p> <p>On stage 3 number 1-10 in the chase start classes will run with number bibs. These will be hanging at the start. Classes with put-and-run start will not have new number bibs.</p>
Finish	<p>At the finish the running time will be found from the moment the EMIT-card will be placed in one of the units standing on the finish line. This also goes for the chase start on stage 3.</p> <p>After the finish the EMIT-card will be read and slips with split times and the total time will be handed out. After that there will be water or juice.</p> <p>After the finish competitors can keep their maps. We ask for fairness, so that</p>



	<p>the maps are not shown to competitors that have not been to the forest yet.</p> <p>Maximum running time in all classes are 150 minutes. Competitors who exceed the maximum running time will be registered as “dnf” (did not finish)</p>
Non-finishers and disqualified runners	<p>Non-finishers and disqualified runners will appear on the Result lists, which will be hung up continuously on the Event Centre. In case of missing or wrong controls competitors can see this immediately on the slip that is handed out after the finish.</p> <p>If a competitor wants to protest, this must be done in writing at the Event Office, where there will be blankets for complaints. The finish staff are instructed not to react upon statements about wrongly placed controls, problems with the map or the like-</p>
Results	<p>Results will be displayed continuously at the event centres on boards, electronic displays and through Wi-fi hot spots.</p> <p>If you want to use WiFi you must log in on “Paaske2014” and type “192.168.3.10” in your browser’s address line.</p>
Event office	<p>The Event Office will be open from 9 am on stage 1 and 2 and from 8 am on stage 3.</p> <p>Vacant start times will be offered between 9 and 12 on stage 1 and 2 and between 8 and 12 on stage 3.</p>
Transport of clothes	<p>On stage 2 there will be a transport of clothes from the start areas to the event centre.</p> <p>In case of bad weather there will also be transport of clothes on the other stages. This will be announced on the event centres.</p>
Præmier	<p>On stage 1 and 2 prizes for all class winners.</p> <p>On stage 3 prizes for top 3 finishers in the overall classification in beginner and youth classes (including W/M 16) and to the overall winner in the remaining classes.</p> <p>Prizes will be given continuously following the confirmation of results.</p> <p>Prize givings will be announced by the announcer.</p>
Ordensregler	<p>When parking all instructions from officials must be followed. Be there in proper time as there will be no dispensation for driving directly to the event centre for late arrivers. This due to the safety of competitors who are walking from parking areas to the event centre. Be particularly aware of the driving instructions for stage 2 and 3, in relation to the above mentioned. <u>Even if your GPS tells you that the shortest way is not the one given in the driving instructions (and even if you are late for your start), the given instructions must be followed for the safety of people walking between parking areas and event centres.</u></p> <p>Normal traffic regulations in the forest are also to be followed on the event centres. Be aware that smoking is not permitted and that dogs must be on a leash. Please help with keeping the event centres clean, and use the garbage bags that have been put up.</p> <p>During the competition it is of course allowed to leave roads and paths.</p>



Children's courses	<p>Free courses for small children are offered at all stages (including modest prizes). Children's courses are open 10:00 – 14:00.</p> <p>On Stage 1 we are on a path in the jungle with Mowgli and Balloo. On Stage 2 the castle ruin will be haunted and on Stage 3 we will go on a knightly expedition with princesses and dragons in the Manor Park at Holstenshuus.</p> <p>All participating children on Stage 3 will receive a medal</p>
Childcare facilities	<p>Childcare facilities will be offered children that have been registered. There will, however, also be room for children who have not been registered, so turn up if you have a need. If registered children will not come, please contact Jakob on mail: Jakob-q@stofanet.dk or go to the childcare facilities.</p> <p>We will bake twistbread and panckaes, play and have fun with the other children. Remember rubber boots for Stage 1.</p> <p>Childcare facilities open:</p> <p>1st stage at 10 am 2nd stage at 9 am 3rd stage at 9 am</p> <p>We close when the last children have been picked up.</p>
Pre-race training	<p><u>Tuesday 15. April</u></p> <p>Svaninge Syd. Start from Faaborg Orienteringsklub's clubhouse, Odensevej 150, Faaborg.</p> <p><u>Wednesday 16. april</u></p> <p>Slæbæk Skov. Start on Slæbæk Skov (name of the road!) close to motorway 9.</p> <p>Both pre-race training events have free start time between 13:00 – 16:00. The terrains are similar to the terrains used in the competitions.</p> <p>Price 30,- DKK per event which is paid in cash before start.</p> <p>Emit timing and control system is used.</p> <p>Each day there are 3 difficult courses of respectively 7 km, 5 km and 3 km, 2 Medium courses of approximately 4 km and 3 km, one easy course of 2,5 km and one beginner's course of 1,5 km.</p>
Umpire	<p>Poul Erik Buch, OK Gorm.</p> <p>He has no fixed "office hours", but will be called for in case of protests.</p>